**Curriculum Vitae**

**Longfeng Li**

Last Revised: August 20, 2025

**General Information**

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| University address: | Human Development and Family ScienceAnne Spencer Daves College of Education, Health, and Human Sciences225 Sandels BuildingFlorida State UniversityTallahassee, Florida 32306-1491 |
| E-mail address: | ll24y@fsu.edu |

**Professional Preparation**

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| 2022  | Ph.D., Arizona State University. Major: Family and Human Development.Specialization: Quantitative Methods.Li, L. (2022). *The Development of Healthy Lifestyle Behaviors Among US Children: Early Predictors and Associated Outcomes*. Unpublished doctoral dissertation, Arizona State University. |
| 2018 | M.A., Beijing Normal University. Major: Psychology. |
| 2015 | B.S., Beijing Normal University. Major: Psychology. |

**Professional Experience**

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| 2024–present  | Assistant Professor, Human Development and Family Science, Florida State University. |
| 2022–2024  | Postdoctoral Scholar, Psychology, The Pennsylvania State University. |

**Honors, Awards, and Prizes**

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| Child Study Center Travel Award, The Pennsylvania State University (2023). |
| Graduate College Q4 Online/Remote Travel Award, Arizona State University (2021). |
| T. Denny Sanford School Graduate Student Travel Grant, Arizona State University (2019). |
| Outstanding Graduate Student in Beijing, Beijing Normal University (2018). |
| First Prize Academic Scholarship for Graduate Student, Beijing Normal University (2017). |
| National Scholarship for Graduate Student, Beijing Normal University (2016). |
| Excellent Teaching Assistant, Beijing Normal University (2016). |
| Outstanding Scientific Research Achievement Award, Beijing Normal University (2016). |
| Freshmen Scholarship for Graduate Student, Beijing Normal University (2015). |
| Outstanding Undergraduate Thesis, Beijing Normal University (2015). |
| Specialized Scholarship for Social/Community Work, Beijing Normal University (2012). |

**Current Membership in Professional Organizations**

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| Society for Research in Child Development (SRCD)National Council on Family Relations (NCFR)International Society of Developmental Psychobiology (ISDP) |

**Research and Original Creative Work**

**Publications**

**Refereed Journal Articles**

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| **Li, L.**, Such, S., & Lunkenheimer, E. (2025). Mother-preschooler RSA synchrony and self-regulation as antecedents of developmental psychopathology in early childhood. *Journal of Child Psychology and Psychiatry*. Advanced online publication. https://doi.org/10.1111/jcpp.70001 |
| Girod, S. A., **Li, L.**, & Lunkenheimer, E. (2025). Dynamic respiratory sinus arrhythmia self-regulation and coregulation in response to caregiving challenges in at-risk mother–child and father–child dyads. *Journal of Family Psychology, 39*, 285–297. [https://doi.org/10.1037/fam0001314](https://psycnet.apa.org/doi/10.1037/fam0001314) |
| **Li, L.**, & Lunkenheimer, E. (2025). Dynamic self-regulation and coregulation of respiratory sinus arrhythmia in mother-child and father-child interactions: Moderating effects of proximal and distal stressors. *Child Development*. *96*, 71–86. https://doi.org/10.1111/cdev.14153 |
| **Li, L.**, Degirmencioglu, K., & Lunkenheimer, E. (2024). Observed child behavioral self-regulation and maternal supportive parenting are associated with physiological stress reactivity in preschoolers. *Developmental Psychology*, *60*(10), 1814–1826. https://doi.org/10.1037/dev0001770 |
| He, T., Zhang, X., **Li, L.**, Hu, H., Liu, S., & Lin, X. (2024). Comparing positive reappraisal and mindfulness in relation to daily emotions during COVID-19: An experience sampling study. *Applied Psychology: Health and Well-being*. https://doi.org/10.1111/aphw.12526 |
| **Li, L.**, Sturge-Apple, M. L., & Lunkenheimer, E. (2023). Longitudinal associations between maternal harsh parenting and child temperament: The moderating role of children’s respiratory sinus arrhythmia. *Journal of Family Psychology*, *38*, 400–410. https://doi.org/10.1037/fam0001129 |
| Sheehan, C., Louie, P., **Li, L.**, & Kulis, S. S. (2023). Exposure to neighborhood poverty from adolescence through emerging adulthood and sleep duration in US adults. *Health & Place*, *81*, 103004. https://doi.org/10.1016/j.healthplace.2023.103004 |
| Sheehan, C., **Li, L.**, & Petrov, M. (2023). How did trends in sleep duration in 2020 compare to previous years and how did they vary by sex, race/ethnicity, and educational attainment? *Sleep Medicine*, *101*, 570–577. https://doi.org/10.1016/j.sleep.2022.12.008 |
| Zhang, W., Li, Y., **Li, L.**, Hinshaw, S., & Lin, X. (2023). Vicious cycle of emotion regulation and ODD symptoms among Chinese school-age children with ODD: A random intercept cross-lagged panel model. *Child and Adolescent Psychiatry and Mental Health*, *17*, 47. https://doi.org/10.1186/s13034-023-00579-x |
| **Li, L.**, Valiente, C., Eisenberg, N., Spinrad, T. L., Johns, S. K., Berger, R. H.,Thompson, M. S., Southworth, J., Pina, A. A., Hernández, M. M., & Gal-Szabo, D. E. (2022). Longitudinal relations between behavioral engagement and academic achievement: The moderating roles of socio-economic status and early achievement. *Journal of School Psychology,* *94*, 15–27. https://doi.org/10.1016/j.jsp.2022.08.001 |
| **Li, L.**, Valiente, C., Eisenberg, N., Spinrad, T. L., Johns, S. K., Berger, R. H.,Thompson, M. S., Southworth, J., Pina, A. A., Hernández, M. M., & Gal-Szabo, D. E. (2022). Longitudinal associations among teacher-child relationship quality, behavioral engagement, and academic achievement. *Early Childhood Research Quarterly,* *61*, 25–35. https://doi.org/10.1016/j.ecresq.2022.05.006 |
| Korous, K. M., Causadias, J. M., Bradley, R. H., Levy, R., Cahill, K. M., **Li, L.**, & Luthar, S. S. (2022). “More is better” or “better near the middle”? A U.S.-based individual participant data meta-analysis of socioeconomic status and depressive symptoms. *American Psychologist,* *78*, 305–320. [https://doi.org/10.1037/amp0001076](https://psycnet.apa.org/doi/10.1037/amp0001076) |
| Korous, K. M., Bradley, R. H., Luthar, S. S., **Li, L.**, Levy, R., Cahill, K. M., & Rogers, C. R. (2022). Socioeconomic status and depressive symptoms: An individual-participant data meta-analysis on range restriction and measurement in the United States. *Journal of Affective Disorders,* *314*, 50–58. https://doi.org/10.1016/j.jad.2022.06.090 |
| Kim, J., **Li, L.**, Korous, K., Valiente, C., & Tsethlikai, M. (2022). Chronic stress predicts post-traumatic stress disorder symptoms via executive function deficits among urban American Indian Children. *Stress, 25,* 97–104. https://doi.org/10.1080/10253890.2021.2024164 |
| Chen, H., He, T., Xu, M., Zhao, J., **Li, L.**, & Lin, X. (2022). Children’s oppositional defiant disorder symptoms make parents difficult to be nice: Longitudinal association among parent emotion regulation, child emotion regulation and children’s oppositional defiant disorder symptoms in Chinese children with oppositional defiant disorder. *Clinical Child Psychology and Psychiatry*, *27*, 1155–1169. https://doi.org/10.1177/1359104521105582 |
| Zhu, D., Chen, Y., **Li, L.**, & Dunsmore, J. C. (2022). Family functioning, emotion socialization, and children’s social competence: Gender-specific effects in Chinese families. *Journal of Child and Family Studies*, *32*, 257–271. [https://doi.org/10.1007/s10826-022-02480-1](https://urldefense.com/v3/__https%3A/doi.org/10.1007/s10826-022-02480-1__;!!IKRxdwAv5BmarQ!c3i_3IpHGr397OtJTP_JbNMIieTGbjGqKK5bhJrVyynaxC20adAGjOYRJwY-M0UdK9-SSFO6GpNAkQP72Pj_$) |
| **Li, L.**, Sheehan, C. M., Petrov, M. E., & Mattingly, J. (2021). Prospective associations between sedentary behavior and physical activity in adolescence and sleep duration in adulthood. *Preventive Medicine*, *153*, 106812. https://doi.org/10.1016/j.ypmed.2021.106812 |
| **Li, L.**, Sheehan, C. M., Valiente, C., Eisenberg, N., Doane, L. D., Spinrad, T. L., ... & Southworth, J. (2021). Similarities and differences between actigraphy and parent-reported sleep in a Hispanic and non-Hispanic White sample. *Sleep Medicine*, *83*, 160–167. https://doi.org/10.1016/j.sleep.2021.04.036 |
| Zhang, X., **Li, L.**, Bai, L., & Chen, Y. (2021). Father-child relations mediate the relations between paternal expressiveness and adolescent behaviors. *Journal of Child and Family Studies*, *30*, 1016–1027. https://doi.org/10.1007/s10826-021-01901-x |
| Dang, X., **Li, L.**, Chen, Y., & Yang, X. (2021). Distinguishing between high-confidence true and false memories: Evidence from eye movements. *Australian Journal of Psychology*, *73*, 243–253. https://doi.org/10.1080/00049530.2020.1865779 |
| He, T., **Li, L.**, Gu, D., Tan, Y., Chen, H., Wang, Y., & Lin, X. (2021). Parental depression and conduct problems among Chinese migrant children with oppositional defiant disorder symptoms: Testing moderated mediation model. *Current Psychology*, *42*, 338–347. https://doi.org/10.1007/s12144-020-01328-5 |
| Sheehan, C. M., & **Li, L.** (2020). Associations of exercise types with all-cause mortality among US adults. *Medicine & Science in Sports & Exercise*, *52*, 2554–2562. https://doi.org/10.1249/MSS.0000000000002406 |
| Sheehan, C. M., **Li, L.**, & Friedman, E. M. (2020). Quantity, timing, and type of childhood adversity and sleep quality in adulthood, *Sleep Health*, *6*, 246–252. https://doi.org/10.1016/j.sleh.2020.01.010 |
| **Li, L.**, Sheehan, C. M., & Thompson, M. S. (2019). Measurement invariance and sleep quality differences between men and women in the Pittsburgh Sleep Quality Index. *Journal of Clinical Sleep Medicine*, *15*, 1769–1776. https://doi.org/10.5664/jcsm.8082 |
| **Li, L.**, Lin, X., Hinshaw, S. P., Du, H., Qin, S. & Fang, X. (2018). Longitudinal associations between oppositional defiant symptoms and interpersonal relationships among Chinese children. *Journal of Abnormal Child Psychology, 6*, 1267–1281. https://doi.org/10.1007/s10802-017-0359-5 |
| **Li, L.**, Bai, L., Zhang, X., & Chen, Y. (2018). Family functioning during adolescence: The roles of paternal and maternal emotion dysregulation and parent-adolescent relationships. *Journal of Child and Family Studies, 27*, 1311–1323. https://doi.org/10.1007/s10826-017-0968-1 |
| Lin, X., **Li, L.**, Heath, M. A., Chi, P., Xu, S., & Fang, X. (2018). Multiple levels of family factors and oppositional defiant disorder symptoms among Chinese children. *Family Process, 7*, 195–210. https://doi.org/10.1111/famp.12269 |
| **Li, L.**, Lin, X., Chi, P., Heath, M. A., Fang, X., Du, H., & Wang, Z. (2016). Maltreatment and emotional and behavioral problems in Chinese children with and without oppositional defiant disorder: The mediating role of the parent-child relationship. *Journal of Interpersonal Violence, 31*, 2915–2939. https://doi.org/10.1177/0886260515624234 |
| Lin, X., **Li, L.**, Chi, P., Wang, Z., Heath, M. A., Du, H., & Fang, X. (2016). Child maltreatment and interpersonal relationship among Chinese children with oppositional defiant disorder. *Child Abuse & Neglect*, *51*, 192–202. https://doi.org/10.1016/j.chiabu.2015.10.013 |

**Invited Book Chapters**

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| Valiente, C., Wang. W., **Li, L.**, & Fraser A. M. (2022). Students’ emotions and their academic achievement. In T. L. Spinrad & J. Liew (Eds.), Social and Emotional Learning Section; D. Fisher (Ed.), *Routledge Encyclopedia of Education*. Taylor & Francis. |

**Presentations**

**Refereed Presentations at Conferences**

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| **Li, L.** (2025, October 15–18). *Mother-preschooler RSA synchrony and child emotion regulation development across varying levels of family stress* [paper symposium]. The Society for Psychophysiological Research (SPR) 2025, Montréal, Canada. (International) |
| **Li, L.**, & Lunkenheimer, E. (2025, May 1–3). *Dynamic mother-child and father-child RSA synchrony vary by real-time positive, negative, and neutral affective synchrony* [paper symposium]. The Society for Research in Child Development 2025 Biennial Meeting, Minneapolis, Minnesota, USA. (National) |
| **Li, L.**, & Lunkenheimer, E. (2025, May 1–3). *Mother and preschooler RSA reactivity and recovery: Predictions to child emotion regulation and dysregulation* [poster]. The Society for Research in Child Development 2025 Biennial Meeting, Minneapolis, Minnesota, USA. (National) |
| **Li, L.**, Such, S., & Lunkenheimer, E. (2024, November 20–23). *Effects of mother-child physiological coregulation and self–regulation on harsh parenting and child behavior problems* [lightning paper]. The National Council on Family Relations 2024 Annual Conference, Hyatt Regency, Bellevue, Washington, USA. |
| Sun, J., Chow, S-M., **Li, L.**, & Lunkenheimer, E. (2024, October 2–4). *The development of RSA self-regulation and coregulation across early childhood: Variation by caregiving risk* [poster presentation]. The 57th Annual Meeting of the International Society for Developmental Psychobiology, Chicago, Illinois, USA. |
| Girod, S. A., **Li, L.**, & Lunkenheimer, E. (2024, June 16–20). *Parent-child individual RSA and RSA synchrony varies by task and harsh parenting* [paper symposium]. The 27th Biennial Meeting of the International Society for the Study of Behavioural Development. Lisbon, Portugal.  |
| **Li, L.**, & Lunkenheimer, E. (2023, July 26–28). *Dynamic parasympathetic regulation in mother-child and father-child interactions: Moderating effects of contextual demands and stressful life events* [poster presentation]. The 56th Annual Meeting of the International Society for Developmental Psychobiology, Utrecht, The Netherlands. (International) |
| Nordine, A, **Li, L.**, & Lunkenheimer, E. (2023, July 26–28). *Children’s RSA moderates the effects of negative parenting on children’s later executive function* [poster presentation]. The 56th Annual Meeting of the International Society for Developmental Psychobiology, Utrecht, The Netherlands. (International) |
| **Li, L.**, & Lunkenheimer, E. (2023, March 23–25). *Child respiratory sinus arrhythmia moderates the longitudinal association between maternal harsh parenting and child temperament* [paper symposium]. The Society for Research in Child Development 2023 Biennial Meeting, Salt Lake City, Utah, USA. (National) |
| Lunkenheimer, E., Brown, K. M., Diercks, C., Olson, A., **Li, L.**, & Engel, K. D. (2023, March 23–25). *Mother-child and father-child affective, behavioral, and physiological coregulation as developmental mechanisms across early childhood* [paper symposium]. The Society for Research in Child Development 2023 Biennial Meeting, Salt Lake City, Utah, USA. (National) |
| **Li, L.**, Valiente, C., Sheehan, C. M., Thompson, M. S., & Buman, M. P. (2023, March 23–25). *Examining transactional associations between video game use and sleep duration in US children* [poster presentation]. The Society for Research in Child Development 2023 Biennial Meeting, Salt Lake City, Utah, USA. (National) |
| Valiente, C., **Li, L.**, Abera, D., & Teferra, T. (2023, March 23–25). *Relations between Ethiopian children’s temperament, social functioning, and academic experiences* [poster presentation]. The Society for Research in Child Development 2023 Biennial Meeting, Salt Lake City, Utah, USA. (National) |
| **Li, L.**, Valiente, C., Eisenberg, N., Spinrad, T. L., Johns, S. K., Berger, R. H., ... Gal-Szabo, D. E. (2021, April 7–9). *Longitudinal associations among teacher-child relationship quality, behavioral engagement, and academic achievement* [poster presentation]. The Society for Research in Child Development 2021 Virtual Biennial Meeting. (National) |
| **Li, L.**, Valiente, C., Eisenberg, N., Spinrad, T. L., Johns, S. K., Berger, R. H., ... Gal-Szabo, D. E. (2021, April 7–9). *Longitudinal trajectories of observed behavioral engagement predict second graders’ reading achievement* [poster presentation]. The Society for Research in Child Development 2021 Virtual Biennial Meeting. (National) |
| Cahill, K. M., Korous, K. M., **Li, L.**, Fried, E., & Causadias, J. M.(2021, April 7–9). *Developmental variation in racial/ethnic disparities in depressive symptoms: An individual participant data meta-analysis* [paper symposium]. The Society for Research in Child Development 2021 Virtual Biennial Meeting. (National) |
| Korous, K. M., Cahill, K. M., **Li, L.**, & Causadias, J. M.(2021, April 7–9). *Socioeconomic status, depressive symptoms, and academic achievement: Meta-analytic SEM with individual participant data* [paper symposium]. The Society for Research in Child Development 2021 Virtual Biennial Meeting. (National) |
| **Li., L.**, Sheehan, C., Petrov, M., & Mattingly, J. (2021, May 5–8). *The long arm of sedentary behavior and exercise in adolescence for sleep in early adulthood* [poster presentation]. Population Association of America 2021 Annual Meeting. (National) |
| Swanson, J., Valiente, C., & **Li, L.** (2020, November). *Teachers’ effortful control and second-graders’ school engagement: The mediating roles of teachers’ emotion-related socialization and students’ effortful control* [poster presentation]. The 23rd meeting of the Occasional Temperament Conference, Blacksburg, Virginia. (National) |
| Valiente, C., **Li, L.**, Ruof, A., & Wang, W. (2020, November). *Studying temperament in low-income countries: Challenges and opportunities* [flash talk]. The 23rd meeting of the Occasional Temperament Conference, Blacksburg, Virginia. (National) |
| Sheehan, C., & **Li, L.** (2020, April 22–23). *Associations of exercise with all-cause mortality among adults in the United States: Are there subgroup differences?* [flash talk]. Population Association of America 2020 Annual Meeting. Washington D.C. (Conference canceled) (National) |
| **Li, L.**, & Chen, Y. (2019, March 21–23). *Unsupportive parent emotion socialization and child behavior problems: The roles of parent-child relationship and respiratory sinus arrhythmia* [poster presentation]*.*The Society for Research in Child Development 2019 Biennial Meeting, Baltimore, Maryland. (National) |
| Bai, L., Chen, Y., **Li, L.**, & Zhang, X. (2016, July 24–29). *Parenting mediates the intergenerational transmission of empathy: The moderating role of child gender* [poster presentation]. The 31st International Congress of Psychology, Yokohama, Japan. (International) |
| **Li, L.**, Chen, Y., Bai, L., & Zhang, X. (2016, July 24–29). *Moral emotion and fair behavior in children and adults: Different interpersonal functioning of guilt and pride* [poster presentation]. The 31st International Congress of Psychology, Yokohama, Japan. (International) |

**Contracts and Grants**

**Contracts and Grants Funded**

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| Li, L. (May 2025–Aug 2025). *Regulatory Media Use and Self-Regulation in Preschoolers: An Ecological Momentary Assessment Study.* Funded by the First Year Assistant Professor (FYAP) grant program, Florida State University, Total award $20,000. |
| Sheehan, C.M. & **Li, L.** (co-I). (Jan 2020–Dec 2020). *Sports, Exercise, and Sleep in Adolescence and Early-Adulthood.* Funded by Global Sport Institute, Arizona State University. Total award $10,000.  |

**The Profession**

**Ad Hoc Journal Reviewer**

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| *Family Process* (2025–present). |
| *British Journal of Developmental Psychology* (2025–present). |
| *Developmental Psychobiology* (2025–present). |
| *Journal of Family Psychology* (2023–present). |
| *Learning and Individual Differences* (2023–present). |
| *Child Development* (2022–present). |
| *Developmental Psychology* (2022–present). |
| *Journal of Child and Family Studies* (2022–present). |
| *Journal of Pacific Rim Psychology* (2021–present). |

**Ad Hoc Grant Reviewer**

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| Society for Research in Child Development Small Grant (2024). |