



**INSTITUTE OF SPORTS
SCIENCES & MEDICINE**

*IN PARTNERSHIP WITH DR. ANDY GALPIN'S LAB
AT THE HUMAN PERFORMANCE CENTER*

RECRUITING PARTICIPANTS FOR A HYDROGEN WATER SUPPLEMENTATION STUDY

\$750
COMPENSATION

This research study will investigate the effects of hydrogen rich water on performance & recovery outcomes.

WHO QUALIFIES

- 35 - 55 years old
- Physically active healthy men & women
- No known medical conditions

COMMITMENT

- 8 weeks of active supplementation
- Intermittent food & sleep tracking, cognitive testing, and three visits of exercise testing at the FSU ISSM.

**INTERESTED
IN JOINING?**

HPCENTER@PARKER.EDU

FSU SITE SPECIFIC QUESTIONS

✉ **JOSH MURRY (jim18e@fsu.edu)**