

FSU | DEPARTMENT OF HEALTH,
NUTRITION, AND FOOD SCIENCES

Graduate Student
Handbook

2026-
2027

GRADUATE STUDENT HANDBOOK

Department of Health, Nutrition, and Food Sciences

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POLICIES FOR THE MASTER'S DEGREE PROGRAM

The Health, Nutrition, and Food Sciences Department offers two Master of Science degrees; one in Food and Nutrition and one in Exercise Physiology.

Non-Florida Residents: Establishing Florida Residency. You must be a U.S. citizen, a permanent resident alien, or a legal alien granted an indefinite stay by the U.S. Immigration and Naturalization Service to qualify as a Florida resident. We highly recommend all qualifying master's students attempt to establish residency by year two (see Residency Affidavit under the 'Reclassification' section) because out-of-state tuition waivers are available only for those who receive an assistantship during the first academic year. The process takes 12 months and should begin before the first day of classes in your first year.

PROFESSIONALISM

All students are expected to act, behave, and conduct their studies professionally and responsibly for in-person and online (including social media) interactions and consider themselves as a representative of Florida State University (FSU) and the Health, Nutrition, and Food Sciences (HNFS) Department at all times.

RECENCY OF STUDY

The work for the master's degree must be completed within seven years from the first semester a student enrolls in an FSU graduate course that may be counted toward the graduate degree. If the master's degree is not completed within seven years from the first semester a student enrolls in an FSU graduate course that may be counted toward the graduate degree, and the program or Department Chair does not choose to approve an Extension of Time (EOT), then the student may no longer be enrolled in that program or at Florida State University.

COURSE UNDERLOAD POLICY

The standard full-time load for graduate students is nine (9) credit hours per semester, unless otherwise noted. Some departments may permit students to register for less than full-time enrollment, also called a course underload. This part-time, underload registration may consist of individualized graduate credit hours and must be initiated by the student, approved by the student's faculty advisor, and may require approval by the department (course underload form).

Master's students completing a coursework-only program need to meet full-time or minimum enrollment requirements as described in the other sections. Master's students on the thesis or project track must complete a minimum of six thesis hours for the master's degree. They need not be enrolled in thesis hours continuously after completing six thesis as long as they meet the minimum university requirement for full-time enrollment through other coursework. Before registering, the student must consult with the major professor about the proportion of time to be devoted to thesiswork. A master's student must be enrolled in a minimum of two thesis or project hours in the semester of graduation.

Per the Department Chair, a master's student is allowed to take a minimum of 3 credits per semester as long as it does not conflict with other requirements (e.g., visa, funding, etc.). If the master's student wants to take less than 9 credits, the request will be reviewed on a case-by-case basis. Masters' students wishing to apply for underload must submit a written request (course underload form) and have the approval on file before the semester begins.

Please note that enrollment status can affect financial aid. Financial aid requirements vary by award and may change. Students should consult the FSU Office of Financial Aid website and its Terms and Conditions for current eligibility and enrollment requirements.

GUIDELINES FOR EXERCISE PHYSIOLOGY BS/MS COMBINED PATHWAY

This combined pathway allows qualifying undergraduate exercise physiology students at FSU to pursue a Master's degree in Exercise Physiology in three semesters beyond the BS. A student of senior standing or an upper-division honors student may carry 11 credit hours of specific graduate courses for double-credit provided the student has been accepted into the pathway for their final spring semester. Admissions standards are posted on the departmental website. During the first semester in the combined pathway, for courses to count toward both degrees and for the student to continue in the master's program, he/ she must 1) maintain a grade point average (GPA) of 3.0, or better, 2) carry a course load of no more than fifteen (15) semester hours; and 3) earn no less than a "B" in any course. The students will comply with undergraduate policies as well as the policies in this handbook after being accepted to the combined pathway. Students in this program are not eligible for the master's bypass. Please also see the Exercise Physiology BS/MS combined pathway Coursework-only and Thesis curricula published in this handbook.

SUPERVISION

A. Major Coordinators (Non-Thesis, Coursework-only)

1. Major Coordinators are assigned to all coursework-only students. A temporary advisor will be appointed by the department at the time of enrollment in the graduate program.

All students are originally admitted into the coursework-only master's degree. Students shall consult with the degree specialization coordinator for advising and signatures.

2. The major coordinator is assigned based on the degree specialization. If admitted to the DI, the change in major coordinator will be done through the submission of an Academic Advisor Form. If the student changes majors, a new Program of Study will be required.

Exercise Physiology - Exercise Physiology: Dr. Lisa Griffiths

Exercise Physiology - Sports Nutrition: Dr. Chester "Chet" Ray

Exercise Physiology - Sports Sciences: Dr. Payal Gosh

Food and Nutrition - Food Science: Dr. Leqi Cui

Food and Nutrition - Nutrition Science: Dr. Haiyan Maier

All Dietetic Internship Students, regardless of specialization: Dr. Lisa Trone

B. Major Professor and Supervisory Committee (Thesis)

1. Major Professor

a. Should be named as early as feasible but no later than the end of the second semester;

b. Must be a member of the Florida State faculty with Graduate Faculty Status; and

c. Must have competence in the student's proposed area of study.

2. Student shall consult with the department chair on the selection of a major professor.

3. Any personal, professional, or financial relations (e.g., involving the major professor, supervisory committee members, and/or student) that may create the perception of bias must be avoided.

Financial conflicts of interest would not include the typical practice of hiring a student on a university assistantship in the home unit. Immediate family members, domestic partners, and married couples are restricted from serving together on the same supervisory committee in any capacity as this could potentially lead to a perception of bias. For this policy, immediate family members are defined as a parent, grandparent, spouse, sibling, child, or grandchild by blood, adoption, or marriage. If any conflict of interest exists, it should be reported by the department chair to **OASIS** and they will evaluate the situation for potential harm and take appropriate action. If questions or irregularities arise that cannot be resolved within the academic unit, the academic dean will contact the Dean of The Graduate School (or designee) for resolution. If, at any time, the composition of the supervisory committee changes, a Revised Supervisory Committee Form should be submitted according to the procedures in this section.

4. The supervisory committee should be selected by the student with the advice of the major professor and shall consist of at least three members (including the major professor):

- a. Major professor as chairperson;
- b. One member from the department;
- c. One Member either from the department, another department in Annes Spencer Daves College of Education, Health, and Human Sciences (Anne's College), or outside Anne's College;
- d. All members designated must hold Graduate Faculty Status; and
- e. The student must submit the constituency of the supervisory committee to the major professor, department chair, and academic dean for approval on the Master's program of study (POS) document as early as feasible but no later than the end of the second semester from admission. Students will not be allowed to register if the signed POS is not on file in the college's Office of Academic Services and Intern Support (OASIS) before registration for the third semester.

5. The committee for a thesis program is established and on record by submission of the signed POS to OASIS. Any change to the committee, after it has been officially submitted, must be completed by submission of the college's Supervisory Committee Revision Form. Students may not be the originator of this form or other milestone paperwork.

PROGRAM OF STUDY

- A. The coursework-only student and their assigned major coordinator should plan and submit a Program of Study (POS) that includes only those courses required for degree completion. The first POS draft should be completed as early as feasible. Approved POS forms must be on file with OASIS no later than the end of the student's second semester; holds will be placed for non-compliance.
- B. The thesis student and their major professor should plan and submit a POS that includes only those courses required for degree completion. The POS may be worked on during the first semester, but cannot be approved before being accepted into the thesis program of that same major.
- C. Credit Requirements:
 1. A master's thesis student must have a minimum of 30 graduate credit hours, at least 18 of these must be taken on a letter-grade basis (A, B, C, etc.) See individual program curriculum sheets in the Appendix for credit hour requirements of the different majors and specializations.
 2. A coursework-only student must have a minimum of 30 graduate credit hours, at least 21 of which must be taken on a letter-grade basis. See individual program curriculum sheets in the Appendix for credit hour requirements of the different majors and specializations.
 3. Students may be given the option to take a letter grade course as S/U. No more than 6 credit hours are to be changed to Satisfactory/Unsatisfactory (S/U), and those courses should be noted as such on the POS. It is the student's responsibility to submit the proper forms and meet the deadlines set forth by the university to take the class on a S/U basis. After the deadline has passed, the student's work will be evaluated on a lettergrade basis.
 4. Graduate credit hours for the degree:
 - a. May include a maximum of 3 hours in supervised research and a maximum of 3 hours in supervised teaching;
 - b. May include up to 12 hours of internal graduate transfer credit (with grades of B or better) earned as a non-degree seeking student, **only if**:
 - (1) The student later qualifies for admission to a graduate degree program;
 - (2) The major department approves; and
 - (3) The credits were taken within the time limits prescribed for the degree program.
 - c. Thesis students need a minimum of 6 thesis hours. The student must register for thesis credit each term in which a substantial amount of work is done on the thesis. The thesis has been set up as a 2-6 credit hour course. A student who has completed the required coursework and continues to use campus facilities and/or receives faculty supervision, but **has not made a final thesis submission**, shall include in the required full-time load a minimum of 2 hours of thesis credit per semester.

- d. Thesis students must register for HUN 8976 – Thesis Defense (0 credit hours) in the semester in which they will successfully complete the defense requirement, and this **must be listed** on their POS form. This course should only be enrolled in once unless the student has previously received a "fail".
 - e. Coursework-only students must successfully demonstrate competency through a master's comprehensive exam or a practicum/internship. See the curriculum pages for what is required by major and specialization. For those required to complete the comprehensive exam, they must register HUN8966 - Comprehensive Exam (0 credit hours). This course should only be enrolled in once, unless the student has previously received a "fail".
- 5. Transfer credit:
 - a. Approval of up to 6 hours of external graduate transfer credit, not used to complete a previous degree, is allowed, if the transfer credit request meets the other conditions (grade, recency of work, etc.). No student may be awarded more than 12 hours of combined non-degree seeking student credit and/or external transfer credit.
 - b. Transfer credit will not count toward the GPA or the total required hours for the degree. It is beneficial in that a student will not be required to complete the same coursework covered by a course already taken elsewhere;
 - c. Must be approved by the supervisory committee, the chair of the department, and the academic dean; and
 - d. Must be evaluated as graduate work by the evaluation section of the FSU Registrar's Office and have been completed with grades of 3.0 ("B") or better.
- 6. Quality of study
 - a. Must maintain a B average (3.0) in all graduate courses taken;
 - b. Must maintain an overall GPA of 3.0 to retain assistantship appointment;
 - c. No course with a grade below C- may carry graduate credit;
 - d. For thesis students, departmental requirements for research must be met.
- 7. Credit Hours per Semester: All graduate students must be enrolled in at least 6 credit hours per semester to receive financial aid. All graduate students on assistantship (in-state students, out-of-state and international) must be enrolled in 9 credit hours per semester. The number of credit hours that a graduate student may carry without enrollment overload permission is no more than 15 credit hours (overload) and no fewer than 9 credit hours (underload). Overload permission must be obtained before the first day of classes for that semester.
- C. Program Approval
 - 1. Coursework-only: The department recommends that the program of study should be approved by the major coordinator, the department chair, and the Associate Dean for Academic Affairs (or delegate) and that the final draft be submitted by the end of the first semester. Students will not be allowed to register if the POS is not on file in OASIS by the end of the second semester.
 - 2. Thesis: The program of study should be approved by the major professor, the supervisory committee, the department chair, and the Associate Dean of Academic Affairs (or delegate) and be on file as early as feasible. Students will not be allowed to register if the POS is not on file in OASIS by the end of the second semester.
 - 3. A copy of the approved program is to be kept on file with:
 - a. Major coordinator (coursework-only) or major professor (thesis);
 - b. OASIS.
 - 4. Any subsequent changes in the student's POS must be approved by the major coordinator (coursework-only) or supervisory committee (thesis), the department chair, and the Associate Dean for Academic Affairs (or delegate) through an updated Program of Study Form. The form is to be filled in and sent by the student (or faculty member) to the HNFS Department Academic Program Specialist, who will then set the forms up for signature in DocuSign. The student is required to sign the form. This form is filed in OASIS.

COMPREHENSIVE EXAMINATION (Coursework-only)

- A. Successful completion of a comprehensive examination is required for the following majors and specializations: Nutrition Science, Food Science, and Sports Nutrition without the Dietetics Internship.
- B. Students must attain a 3.00 cumulative graduate GPA or better at FSU (be in good academic standing) to enroll in the comprehensive exam.
- C. Students taking the comprehensive exam must be registered for HUN 8966 - Comprehensive Exams (0 credit hour).
 - 1. Exams will be scheduled by the major coordinator to be taken during the 8th to 10th week of classes of each semester unless prior permission has been granted to the student by the Department Chair in consultation with the Major Coordinator.
 - 2. Comprehensive exams focus on the student's ability to solve problems, identify issues, apply theory and research to critical needs. This exam is designed to primarily cover materials presented in core classes for each major, and it is highly recommended that all core classes be completed before taking the exam. Comprehensive examinations that cover the topic of Nutrition Counseling will require students to demonstrate skills during a recorded counseling session. The recording and a write-up of the session will be submitted online.
 - 3. The exam will be scheduled by the major coordinator, and the exam will be taken either online at the testing center on campus or, proctored online as determined by the major coordinator. The major coordinator will notify the student if the comprehensive examination will cover the topic of Nutrition Counseling, and this portion of the exam will be coordinated with Mrs. Jennifer Farrell.
 - 4. Students must earn a 70% or better on the exam to pass the examination.
 - 5. If the student fails the comprehensive exam, it may be retaken once, the next semester, upon recommendation of the major coordinator.
 - 6. Each attempt of the comprehensive examination is to be reported on the college's Master's Comprehensive Results Form, to OASIS within 15 days of the date the examination is completed.
 - 7. A student's transcript should be an accurate reflection of the academic record. Per Graduate School Policy, if the student does not attempt the comprehensive exam during the semester that the student is enrolled in the course, HUN 8966 will be administratively dropped, and the student must re-enroll in HUN 8966 the following semester. However, if this is the only course a student is enrolled in, the course cannot be reactively dropped, and the student will need to initiate the withdrawal procedure.
 - 8. Examinations are kept on file electronically on Canvas for at least 5 years after taking the examination.

PRACTICUM / INTERNSHIP (Coursework-only)

- A. Successful completion of the practicum/internship (Exercise Physiology, Sports Sciences, or any student enrolled in the Dietetic Internship program) is required for the degree.
- B. Students taking the practicum/internship will be graded based on achieving core competencies in several areas, including
 - 1. Scientific Knowledge,
 - 2. Technical Skills,
 - 3. Self-Evaluation & Professional Development,
 - 4. Communication,
 - 5. Key Behaviors of Professional Practice, and
 - 6. Professional Traits and Characteristics.
- C. Students should work with their major coordinator and the internship director at the earliest possible time to schedule internships and be evaluated. Students will only be allowed to intern at a facility that already has an active and fully signed affiliation agreement on file. Location sites are contingent upon availability and are usually determined at least one semester in advance.

1. Dietetic Internships (Dr. Llsa Trone, Internship Director). If a student is unable to pass the final competencies, it will be determined what knowledge the student is deficient in, and a plan of action will be put into place to provide the needed education and/or experience. The Internship Director will assign a final project designed to meet the failed competency. If the student is unable to pass the final competency project the second time after implementing the plan of action, the student will be dismissed from the program.

2. The Exercise Physiology Internship (APK8945) (Dr. Payal Ghosh, Internship Director). Students must pass their internship or practicum hours with a 70% or better as determined by the internship director. If a 70% is not earned, the student may attempt the course credit hours one additional time in a future semester. If they do not pass a second time, they will be dismissed from the program.

PROSPECTUS (Thesis Students Only)

- A. In consultation with their major professor, and then the supervisory committee, the student will develop a master's thesis prospectus. Once the major professor has approved the written prospectus, it will be sent to the other supervisory committee members. The iThenticate (or similar software) document should also be emailed to all committee members for approval. The supervisory committee will have at least one week to read the master's thesis prospectus before a committee meeting is held, during which the student will orally defend the written document. The student must be enrolled in thesis (HUN5971) in the semester the master's thesis prospectus is defended.
- B. If a majority vote of "pass" is determined by the supervisory committee, the attempt shall be recorded on the college's Master's Prospectus Clearance Form and be submitted to the HNFS Academic Program Specialist in a timely manner. An electronic copy (PDF or Word) of the approved prospectus manuscript and iThenticate will then be submitted to the Department Chair, who will have six business days to review it. The Department Chair, upon approval of the manuscript, will sign the college's Master's Prospectus Clearance Form and submit it to OASIS for review and filing, and a copy will be retained in the department files.
- C. If the master's prospectus defense is not passed with a majority vote, the major professor will submit results via the completed and signed college's Master's Prospectus Clearance Form to OASIS in a timely manner. The Master's Prospectus Clearance form will be retained in the student's file. The major advisor will work with the student to resolve the failed prospectus attempt, ranging from possible separation from the program to developing and implementing a plan to strengthen the prospectus to facilitate completion of the degree.
- D. The Master's Prospectus Clearance Form with a vote of "pass" must be on file in OASIS no later than the graduation registration deadline in the semester the student plans to graduate and before the student defends the thesis.
- E. The prospectus must be written within the student's major field and in English.
- F. Copies of the signed form and prospectus manuscript are to be kept on file with:
 1. Major professor;
 2. HNFS
- E. Data collection is not to occur before having a signed prospectus. Evidence of any required IRB or ACUC approval must be obtained before data collection begins. It is required for the master's student to be listed as the Principal Investigator (PI) or Associate Investigator on the IRB approval, and the master's student must be included on any ACUC protocol. Once the department has received a completed Master's Prospectus Clearance Form indicating "pass", the HNFS Academic Program Specialist will request documentation for the completion of the college's IRB-ACUC Approval Verification Form. The IRB-ACUC Approval Verification Form, along with appropriate documentation, must be on file with OASIS within 60 days of the prospectus defense date.

THESIS DOCUMENT AND ORAL DEFENSE (Thesis Students Only)

- A. It is the responsibility of the major professor to supervise the preparation of the prospectus, the conduct of the research, and the preparation of the thesis, as prescribed by the department.
- B. If the student conducted an animal-based experiment as part of their thesis, a request for an Approval of Submission letter for the corresponding ACUC protocol that describes their research should be completed by the student in RAMP.
- C. The typical language of the dissertation, treatise, or thesis is English. The defense shall be conducted in English.
- D. The student will submit a copy of the thesis approved by the major professor to supervisory committee members at least 2 weeks before oral defense (and to the department chair if so requested). The iThenticate (or similar software) document should also be emailed to all committee members for approval. The oral defense will be scheduled at the discretion of the major professor.
- E. The student is responsible, with the approval of the major professor, for
 - 1. Arranging time, place, and date of the oral defense;
 - 2. Students are expected to provide (email) the departmental Academic Program Specialist with the following information at least 2 weeks before the oral defense so that an email invite to all departmental faculty and graduate students, as well as the Associate Dean for Academic Affairs and Dean, can be sent: student's full name, major professor's name, degree program (and specialization), location (or zoom link) and time (E.S.T.); and
 - 3. Completing the required materials (Defense Announcement and ETD Access Agreement) through The Graduate School's manuscript clearance online portal.
- F. All committee members must be present for the entirety of the final defense of the thesis unless prior arrangements have been made for extenuating circumstances that may make a committee member unavailable due to injury or sickness. The Department will follow University policy, allowing for defenses to be held, when necessary, via distance technology with all members present in real-time. If a committee member cannot be present via telephone or computer, another faculty member with GFS status must be present during the defense. The Graduate School must be notified if a proxy attended the defense for a committee member.
- G. A student's transcript should be an accurate reflection of the academic record. If the student does not attempt to defend the thesis during the semester that he/she is enrolled, HUN 8976 -Master's Thesis Defense (0 hour credit) will be administratively dropped, and the student must re-enroll in HUN 8976 the following semester.
- H. The oral examining committee will certify the results of the examination in the Graduate School's Manuscript Clearance online portal: passed, failed, or re-defense. (see Appendix E).
- I. Immediately after approval by the committee, and after appropriate corrections are made:
 - 1. The student must submit a copy of the thesis to the Department Chair for approval, allowing 6 business days for the thesis to be read and corrections provided.
 - 2. After these corrections are made, the major (or co-major) professor(s) will indicate through the online portal that the document **content** is approved.
 - 3. The student must submit an electronic version of the thesis through ProQuest following the approved University format.

APPLICATION FOR DEGREE

- A. During the first three (3) weeks of the semester in which the student expects to receive a degree, he/ she must apply online to graduate (see University Bulletin for dates). Students are allowed to apply late for graduation with a written request from the student, if deemed eligible for degree conferral in that term by the Assistant Director for Graduate Studies in OASIS.
- B. At that time, he/ she must have a 3.00 cumulative graduate GPA for the courses attempted.
- C. Thesis students must enroll in a minimum of 2 credit hours of thesis (HUN 5971), as part of their regular course load, during the final term in which a degree is granted.
- D. In case the student does not complete the requirements on time, his/her application to graduate will be withdrawn or denied.

FINAL DEGREE CLEARANCE

A graduate student is not eligible for conferral of a degree unless the cumulative grade point average is at least 3.0 in graduate courses. No hours with a grade below "C-" will be credited on the graduate degree; all grades in graduate courses, except for which grades of "S" or "U" are given, will be included in the computation of the average. The departmental Academic Program Specialist and OASIS will verify that the student has met all the program requirements. At a minimum, the student is responsible for:

- A. Coursework-only students must have a completed Non-Thesis Degree Clearance Form and the Departmental Student Information form on file one week before the graduation ceremony.
- B. Thesis students will provide their final thesis manuscript to their Major Professor for final content approval as part of obtaining clearance from The Graduate School Manuscript Clearance Advisor. The faculty must check the manuscript with iThenticate (or similar software) prior to content approval. The Department Chair and Associate Dean for Academic Affairs are not required to review and approve the manuscripts, as they are not included in the University Manuscript Clearance Portal approval process. However, the major professor must send the iThenticate report along with the final manuscript, 6 business days before submitting to the Graduate School Clearance Office, to the Department Chair to acknowledge. The Departmental Student Information form must be on file one week before the graduation ceremony.

COMMENCEMENT

Obtaining the department's permission to walk early does not guarantee that you will be able to do so; you must also submit an application to participate early in a Commencement Ceremony by contacting the Registrar's Graduation and Commencement Services Office. Please note that commencement is not the same as graduating. Final graduation (degree) clearance will take place after final grades are posted.

GUIDELINES FOR REQUESTING MASTER'S THESIS

To be considered for the Master's (MS) Thesis, the student must have completed the first semester, be in good academic standing (3.00 GPA or better), and have research or related experience to gain the support of a faculty member with Graduate Faculty Status (GFS). The student will work with the proposed major professor on a draft of the master's thesis POS, which includes securing eligible and willing faculty to serve as committee members. The major professor directly provides the draft POS to the HNFS Academic Program Specialist for review by the department chair and OASIS. The submission of the draft will serve as the major professor's recommendation for the student to become a thesis student.

If accepted into the thesis program, the student and the major professor will receive notification from the HNFS Academic Program Specialist and a change of major form will be submitted to the university registrar's office. The master's thesis POS form will then be sent for signature approval and placed on file in OASIS before the student can register for further courses. If not accepted, the student must submit a master's coursework-only POS (if not already on file) and complete the coursework-only degree under the supervision of the major coordinator.

GUIDELINES FOR BYPASSING THE MASTER'S DEGREE

To be considered for the Master's (MS) bypass (apply for a change of major to the doctoral degree level), the student needs to have completed the first year of the MS program with outstanding performance in academics and research. The student should have had substantial research experience during the undergraduate degree and in the first year of the MS program. A student in the MS thesis program may bypass the MS degree if the student has the unanimous support of his or her MS thesis committee and upon completion of the following procedures. The student's MS committee should

submit to the graduate faculty of the student's designated area of study (Exercise Physiology or Human Sciences):

- A. A strong letter of recommendation for bypassing the MS degree is needed. This letter, addressing the student's outstanding performance in academics and research, should come from the entire committee.
- B. The student's complete up-to-date file, including:
 - 1. Undergraduate transcripts;
 - 2. Graduate transcripts to date;
 - 3. Upper-division undergraduate GPA, and cumulative graduate GPA;
 - 4. All letters of recommendation from the student's initial admission to our graduate program;
 - 5. Written records of all meetings of the student's MS committee; and
 - 6. Current CV.

If accepted to the doctoral program via the bypass, the student will submit a draft of the doctoral POS Form and Supervisory Committee Form to the HNFS Academic Program Specialist. A Graduate Major Change Form will be submitted by the HNFS Academic Program Specialist to the academic advisor(s) and OASIS for approval. If approved, the form will be submitted to CGE, if applicable, and the Registrar's Office for final approval. **IMPORTANT:** New immigration policies effective in September 2026 may prohibit approval of a change of major for F1 and J1 students. International students admitted after fall 2026 will be under new US visa restrictions. All international students must consult with CGE before requesting a change of major (bypass). The signed POS and Committee forms must be on file with OASIS before the student is allowed to register for further courses.

All master's policies comply with University policies.

POLICIES FOR THE DOCTORAL DEGREE PROGRAM IN HUMAN SCIENCES AND EXERCISE PHYSIOLOGY

The Health, Nutrition, and Food Sciences Department offers two Doctor of Philosophy degrees: one in Human Sciences with a major in Nutrition & Food Science and one in Exercise Physiology.

Non-Florida Residents: Establishing Florida Residency. You must be a U.S. citizen, a permanent resident alien, or a legal alien granted an indefinite stay by the U.S. Citizenship and Immigration Services to qualify as a Florida resident. We highly recommend all qualifying doctoral students attempt to establish residency by year two (see Residency Affidavit under the 'Reclassification' section) because out-of-state tuition waivers are available only for those who receive an assistantship during the first academic year. The residency process takes 12 months and should begin before the first day of classes in your first year.

PROFESSIONALISM

All students are expected to act, behave, and conduct their studies professionally and responsibly for in-person and online (including social media) interactions and consider themselves as a representative of Florida State University (FSU) and the Health, Nutrition, and Food Sciences (HNFS) Department at all times.

SCHOLARLY ENGAGEMENT

To meet the Scholarly Engagement requirement, doctoral students should interact with faculty and peers by attending seminars, symposia, and conferences, and engaging in collaborative study and research beyond the university campus. The goal is to prepare students to be scholars who can independently acquire, evaluate, and extend knowledge and develop themselves as effective communicators and disseminators of knowledge. The Scholarly Engagement requirement aims to ensure that doctoral students are active participants in the scholarly community. See the Annual Doctoral Student Evaluation Form for details.

ANNUAL ACADEMIC EVALUATION FOR DOCTORAL STUDENTS

The Department will require the submission of annual doctoral evaluations by July 1st each year. Students graduating in the Spring semester must have the annual evaluation on file a week before the graduation ceremony. Students are responsible for providing, on time, any requested materials to their major professor. The student will sign this academic evaluation. A copy of the evaluation will also be provided to the Academic Dean via OASIS and uploaded into the university's Graduate Student Tracking Database. Please see Appendix C.

MAJOR PROFESSOR

A faculty advisor will be appointed by the department at the time of enrollment in the program that matches the student's research interests and the faculty's needs. If needed, the student may consult with the Department Chair or departmental Graduate Program Director (GPD); however, the doctoral student should select a major professor as early as feasible, but not later than before the end of the 7th week of the semester of admission. The departmental chair will approve the major professor.

- A. The major professor chosen must be a member of the Florida State faculty with Graduate Faculty Status (GFS) and competence in the student's proposed area of study or research.
- B. The designation must be mutually agreeable to the student, major professor, and department chair.
- C. Since some students may have two areas of interest, the major professor should be designated from the same area in which the student has a major concentration of study (degree program major admitted to).

SUPERVISORY COMMITTEE

- A. The supervisory committee should be selected by the student with advice from the major professor. This selection is then approved by the department chair. The major professor and the supervisory committee will be in charge of the work of the student until the completion of all requirements for the degree. It is the responsibility of the student to secure agreement from each member. The student must submit the composition of the supervisory committee to the HNFS Academic Program Specialist, who will distribute the Doctoral Supervisory Committee Form for signature. This form must be on file before registration for the third semester. A registration hold may be placed at the department's request or if a student's committee is not in compliance with College and/or University policy. Members of the supervisory committee should be chosen for their potential contribution to the selection of appropriate content of studies required by the particular student and their potential contribution to the development and completion of the research project. A professor should also be selected from the department of the other area of concentration. Any personal, professional, or financial relations (e.g., involving the major professor, supervisory committee members, and/or student) that may create the perception of bias must be avoided. Financial conflicts of interest would not include the typical practice of hiring a student on a university assistantship in the home unit. Immediate family members, domestic partners, and married couples are restricted from serving together on the same supervisory committee in any capacity as this could potentially lead to a perception of bias. For this policy, immediate family members are defined as a parent, grandparent, spouse, sibling, child, or grandchild by blood, adoption, or marriage. If any conflict of interest exists, it should be reported by the department chair to the student's academic dean's office (OASIS), and they will evaluate the situation for potential harm and take appropriate action. If questions or irregularities arise that cannot be resolved within the academic unit, the Associate Dean for Academic Affairs will contact the Dean of The Graduate School (or designee) for resolution. If, at any time, the composition of the supervisory committee changes, a new form should be submitted according to the procedures in this section.
- B. Each committee must:
 1. Be chaired by the major professor from the student's department (if the major professor is not in the same concentration as the student, then the other committee member from the department must be in the concentration);
 2. Include one other graduate faculty member from the student's department;
 3. Have a University Representative who:
 - a. is a tenured faculty member of the Florida State faculty with Graduate Faculty Status from outside of the department and degree program.
 - b. does not also have Graduate Faculty Status in the student's doctoral degree program; and
 - c. is free of any other interest with other members of the Supervisory Committee;
 4. Consist of a minimum of 4 members who have Graduate Faculty Status, one of whom serves as the University Representative.
- C. The responsibilities of the University Representative begin with the appointment to the supervisory committee and end with the defense of the dissertation. The University Representative is responsible for the following:
 1. Ensuring the student is treated fairly and equitably per University, College, and Departmental guidelines and policies;
 2. Ensuring that decisions made by the supervisory committee reflect the collective judgment of the committee;
 3. Verifying that the defense is conducted appropriately; and
 4. Ensuring that our doctoral graduates are of high quality.
- D. The supervisory committee, or the student's advisor before the selection of a major professor, will assess the progress of the student in writing and will send copies of the annual progress review to the student, the Department Chair, and OASIS. As part of the annual review, the supervisory

committee must evaluate the recency of coursework and decide if additional courses need to be taken for the student to be "current" in knowledge and research tools in the discipline.

- E. The Dean of The Graduate School, the Associate Dean for Academic Affairs, and the Department Chair may attend committee meetings as non-voting members. To make this possible, they should be notified of such meetings. For dissertation defense, the notification must be sent 2 weeks before the defense.

PROGRAM OF STUDY

- A. A doctoral student should plan a Program of Study (POS) with his/her major professor. The major professor, in consultation with the supervisory committee, shall determine the total number of hours required beyond the Master's degree with approval by the Department Chair and the Associate Dean for Academic Affairs (or designee). The number of hours should be determined by the individual student's academic needs and the requirements of the professional field. For guidance, please refer to the curriculum found in the appendices.. Students may be given the option to take a letter-grade course as Satisfactory/Unsatisfactory (S/U). Up to 9 semester hours of S/U courses are permitted and will be shown on the **POS**, if approved. It is the student's responsibility to submit the proper forms and meet the deadlines set forth by the university to take the class on an S/U basis. After the deadline (7th week deadline as posted in the Office of the Registrar's academic calendar) has passed, the student's work will be evaluated on a letter grade basis. Semester hour restrictions, as stated above on the S/U option, do not apply to courses normally offered based on the S/U grading system. No more than 3 semester hours of supervised teaching credit and 5 semester hours of supervised research credit may be counted toward the doctoral degree.
- B. The POS should be completed as early as feasible, but an approved POS must be on file in OASIS before the end of the third semester; registration holds will only be placed for non-compliance.
- C. For transfer of credit from another university, there is a limit of 6 semester hours. A copy of the transcript with the courses appropriately marked should be submitted to the GPD for review. After departmental approval, the information is provided to OASIS for review. The final determination will be made by the Evaluation Section of the Office of the University Registrar. See the FSU Bulletin (bulletin.fsu.edu). Note: These courses do not count towards GPA or hours required for the degree.
- D. It is the responsibility of the major professor to see that the POS meets the approval of each member of the committee and the Department Chair. Any member may ask the major professor to call a meeting of the supervisory committee.
- E. A copy of the student's approved POS is to be kept on file with:
 - 1. Major Professor; and
 - 2. OASIS.
 - 3. Any changes in the student's POS after it has been filed must be approved by the supervisory committee, the Department Chair, and the Associate Dean for Academic Affairs (or delegate). OASIS must be notified of modifications **before** the preliminary examination is given. The form is to be filled in and sent by the student (or faculty member) to the Academic Program Specialist, who will then set the form up for signature in DocuSign. The student is required to sign the form. This form is filed in OASIS.
- F. All HNFS doctoral students are required to take HOE 6366, Research Best Practices in Human Sciences, for 2 credit hours.
- G. Students must register for HUN 8964 (Preliminary Exam) and HUN 8985 (Dissertation Defense) for 0 credit hours in the semester they expect to defend, and this must be listed on their POS form.
- H. The Department will not require summer enrollment of graduate students, with the exception of the University's continuous enrollment requirement for doctoral candidates.
- I. Credit Hours Per Semester: All graduate students must be enrolled in at least 6 credit hours per semester to receive financial aid. All graduate students on assistantship (in-state students, out-of-state, and international) must be enrolled in 9 credit hours per semester. The number of credit

hours that a graduate student may carry without special permission is no more than 15 (course overload) and no less than 9 (course underload).

COURSE UNDERLOAD POLICY

After completing the required coursework, passing the Preliminary Examination, submitting an Admission to Candidacy form to the Office of the Registrar, and continuing to use campus facilities and/or receiving faculty supervision, but **not yet having been cleared by the Manuscript Clearance office**, a full-time student shall register for a minimum of two credit hours of dissertation per semester, including Summer term, plus additional credit hours adding up to the required full-time load, until completion of the degree. Also, a student must be enrolled in a minimum of two hours of dissertation in the semester of graduation as part of any full-time load or course underload. **IMPORTANT:** All international students on F-1 and J-1 visas should consult with CGE before requesting an underload to ensure compliance with federal immigration policies.

Some students may be eligible for a course underload. Such an underload may consist of two credit hours of dissertation per semester until completion of the degree, plus any additional credit hours deemed necessary by the student's major professor, adding up to less than a full-time load. A course underload constitutes minimum enrollment on a part-time basis and does not equate to full-time enrollment. Underload requests must be initiated by the student, approved by the student's faculty advisor. Before registering for dissertation hours, the student must consult the major professor as to the proportion of time to be devoted to dissertation work.

Doctoral students wishing to take fewer than 9 credit hours (equivalent to full-time status required to maintain assistantship appointments) within a given semester must apply for course underload. Requests will be reviewed by the Department Chair on a case-by-case basis. To apply for course underload, the major professor will submit a written request to the Department Chair on behalf of the student with the following information:

1. Statement for the reason for the underload request,
2. A plan for completion of the degree during underload period,
3. Their major professor's support to allow the student to continue completing the project in the laboratory, and
4. Whether the student is requesting to continue payment of an assistantship either from the department or the primary mentor.

Please note that enrollment designation of full-time or half-time is a key element in determining eligibility for Financial Aid awards. Financial Aid eligibility is determined by the requirements set forth by the type of loan, scholarship, grant, fellowship, etc. and may require a student to enroll in more than 9 hours to meet the eligibility requirement for full-time enrollment. Students should consult the FSU Office of Financial Aid website and its Terms and Conditions for current eligibility and enrollment requirements.

PRELIMINARY EXAMINATIONS

- A. To be eligible to take the preliminary examination, the student must:
1. Complete all but 9 hours of coursework as indicated on the signed POS.
 2. If applicable, complete other research tool requirements.
 3. Be in good academic standing: have a 3.00 cumulative GPA or better.
 4. After the major professor (or co-major professors) reviews the body of work completed thus far, as required by the POS on file, the student should ensure that any modifications to the POS are filed in OASIS.
 5. Be registered for HUN 8964, Preliminary Doctoral Examination, 0 credit hour.
- NOTE: If you entered the PhD program during a semester other than Fall and the subsequent Fall

semester does not offer your required core class, you may take the preliminary exam "off schedule." In these rare instances, the student **will** work with their major professor to facilitate the preliminary exam as early as the second week of 5th semester (Summer semester for Spring admits) to as late as the second week of the 7th semester. It is the decision of the major professor, in consultation with the supervisory committee, to determine the semester that the preliminary exam **will** be administered in this special circumstance.

- B. In consultation with his/her committee, the doctoral student **will** establish the time, date, and place of each part of the Preliminary Examination. The major professor is responsible for the examination content and **will** preside over the entire exam.
 1. The preliminary examination is a comprehensive examination given in two parts: written and oral.
 2. The student and his/her advisor **will** schedule an initial committee meeting within the first month of his/her third academic semester (not including summer) to discuss his/her preliminary examination. The student's supervisory committee **will** determine four core study areas for the preliminary examination at the initial meeting and **will** develop four sets of questions no later than two weeks before the administration of the written examination. The sets of questions **will** be written with the goal that an average student would require 3-4 hours to answer the questions.
 3. The written part of the preliminary examination **will** take place on four consecutive days during the second week of the student's fifth academic semester (e.g., students who matriculated in fall **will** take the prelim in the second spring semester). The written exam is taken without the use of the internet and/or artificial intelligence (AI), however, the supervisory committee may provide pre-approved materials as a prompt for the student as desired.
 4. After the written examination, the oral examination **will** take place as soon as possible but no later than the end of the sixth week of the same semester. Please see (6) below, regarding the timeframe for requesting that the dissertation be added or preliminary preparation courses (DIS) switched to dissertation for that semester. Progress toward the oral portion of the exam depends on "passing" the written portion of the exam. Students must "pass" the oral portion of the exam in the same academic semester as the written portion.
NOTE: See section A above for special instructions for doctoral students that are admitted outside of the Fall semester.
 5. The content of the oral examination **will** be related to the written part of the examination. However, since the preliminary examination is inclusive, the student should be prepared for questions in areas that may not have been covered by the written part of the preliminary examination.
 6. Students cannot register for dissertation hours before passing the preliminary examination. An Admission to Candidacy form must be completed and on file in the OASIS and the Registrar's Office before registration for dissertation hours. After being admitted to candidacy, the student may be eligible to retroactively change up to 9 hours of Directed Individual Study (DIS) to dissertation hours for that semester in which the preliminary examination was completed. These changes are only permitted if the preliminary examination is passed (the Doctoral Prelim Exam Results Form is on file) by the mid-point (**end of the seventh week**) of the semester (prorated in summer), as posted on the Registrar's Academic Calendar.
- C. A student's transcript should be an accurate reflection of the academic record. If the student does not attempt the preliminary examinations during the semester that they are enrolled, HUN 8964 **will** be administratively dropped, and the student must re-enroll in HUN 8964 the following semester. However, if this is the only course a student is enrolled in, the course cannot be reactively dropped, and the student **will** need to initiate the withdrawal procedure.
- D. Per the university, a student must be admitted to candidacy at least six months prior to the granting of the degree. Preliminary Examinations must be scheduled no later than September (to meet Spring graduation deadline), January (to meet Summer graduation deadline), or May (to meet Fall

graduation deadline) in the semester before completion of the degree. However, it is often the case that it will take more than two semesters to complete the dissertation. For additional timeline restrictions to graduation, see the prospectus results section.

- E. Students are expected to provide (email) the departmental Academic Program Specialist with the following information at least 2 weeks before the oral defense so that an email invite to all departmental faculty and graduate students, as well as the Associate Dean and Dean, can be sent: student's full name, major professor's name, degree program (and specialization), location (or zoom link) and time (E.S.T.).
- F. The supervisory committee serves as the examining committee. Others may be invited to participate in the oral as follows:
 1. The chair of the major department and the college's Associate Dean for Academic Affairs may attend any session of the supervisory or examining committee as a non-voting member.
 2. A member may be appointed to the examining committee at the discretion of, or on the recommendation of, the major professor.
- G. The supervisory committee members are to vote to pass or fail on the written part of the examination. If a vote of "fail" is received, the major professor will report the fail to OASIS, and a Preliminary Examination Results form will be filled out. If a vote of "pass" is received on the written part, the student will complete the oral part. The committee will then vote pass or fail on the oral part of the examination. Each committee member should vote on the overall performance of the student's responses to all committee members' questions, rather than only their questions. A three-fourths majority committee vote renders the final disposition of each part of the preliminary exam. A three-fourths majority vote on both the written and oral parts of the examination means the student has "passed" the preliminary examination and is eligible for admission to candidacy. The Major Professor must retain a record of the committee members' vote.
- H. The major professor will report the outcome of the examination on the college's Preliminary Examination Results Form. Possible dispositions for the exam are "pass" or "fail." Appendix D guides in differentiating each disposition. Within three days of any disposition being assigned to the preliminary examination, the major professor will notify the Academic Program Specialist, and the staff member will submit the form for signatures.
 1. Passed and failed (P/F) examinations are reported to the University Registrar by the person under whom the student registers for HUN 8964 for inclusion in the student's permanent record. The student must enroll in HUN 8964 for each attempt.
 2. If a student receives a "fail," on either the written or oral portion of the Preliminary examination, one re-examination is permissible. However, re-examination is only granted with advanced approval. Re-examination cannot occur until the major professor and committee deem it appropriate. Also, the re-examination cannot take place in less than six (6) full class weeks (defined as a week with 5 days during which classes are held) from when the results of the first attempt are shared with the student. A re-examination will be composed of both the written and oral portions. Possible outcomes of re-examination are the same as those for all preliminary examinations; "pass" or "fail."
 3. Please see Appendix D for definitions of outcomes.
 4. Students may attempt the preliminary examination twice with permission via the college's Doctoral Preliminary Exam Retake Request Form. A second failure (F) of any type (e.g., two failures on the written component, a fail followed by a pass on a written component of a re-examination, but fail on the oral component of the re-examination) makes the student ineligible to continue in the degree program.
- I. After successful completion of the preliminary examination and 24 hours of HUN 6980, dissertation credit, full-time status requires that a doctoral student must enroll for a minimum of 9 hours per semester (of which at least 2 must be dissertation hours) until completion of the degree.
- J. The time limit for completion of all Ph.D. requirements is 5 years from the end of the semester in which the student passed the preliminary exam. Failure to meet this time limit will result in termination from the program unless an Extension of Time is approved.
- K. The Department will evaluate each Extension of Time (EO1) request on a case-by-case basis.

ADMISSION TO CANDIDACY

- A. A doctoral student is considered a candidate for the Ph.D. degree when he/ she has passed the preliminary examination.
- B. The student must be admitted to candidacy at least 6 months before the granting of the degree. The purpose of this requirement is to ensure a minimal lapse of time for work on the dissertation after acquiring basic competence and delineating the problem and method of attack. More realistically, the student should expect to spend a year or more of work on the dissertation. However, this may require more time, depending on the degree to which the student is prepared.
- C. Once the college's Preliminary Results Form with a vote of "pass" is on file in OASIS, the HNFS Academic Program Specialist will facilitate the submission of Admission to Candidacy Form to the Office of the University Registrar for processing.

PROSPECTUS

- A. After passing the preliminary examination, a student in the doctoral program must submit to the supervisory committee a research project on a topic related to his/her major field of study. A clear statement of the proposed research problem and the methodology involved must be submitted to the supervisory committee for approval before writing the prospectus.
- B. The prospectus must be written within the student's major field.
- C. In consultation with the major professor and then the supervisory committee, the student will develop a prospectus of his/her dissertation. Once the major professor has approved the prospectus manuscript, it must be sent to the other members of the supervisory committee. The iThenticate (or similar software) document should also be emailed to all committee members for approval. The committee will have at least two (2) weeks to read this prospectus before a committee meeting on the prospectus. The defense must take place during a semester.
- D. Students are encouraged to email the departmental Academic Program Specialist with the following information at least 2 weeks before the oral defense so that an email invite can be sent to all departmental faculty and graduate students, as well as the Associate Dean for Academic Affairs and Dean, can be sent: student's full name, major professor's name, degree program (and specialization), location (or zoom link) and time (E.S.T.).
- E. The college's Doctoral Prospectus Clearance Form will be used for recording the defense attempt of the doctoral prospectus. If the supervisory committee recommends a "pass" via the form, a digital copy of the manuscript (PDF or Word) and iThenticate (or similar software) report will be submitted via email to the Department Chair, who will have six (6) business days to review and acknowledge it. OASIS must have the completed and signed form with a vote of "pass" on file no later than 4 months prior to the Dissertation Defense date.
- F. If the prospectus defense is not passed with a majority vote, the major advisor will submit results via the completed and signed college's Doctoral Prospectus Clearance Form to OASIS in a timely manner. The Doctoral Prospectus Clearance Form will be retained in the student's file. The major advisor will work with the student to resolve the failed prospectus attempt, ranging from possible separation from the program to developing and implementing a plan to strengthen the prospectus to facilitate completion of the degree.
- G. Data collection is not to occur before having a signed Doctoral Prospectus Clearance Form on file. Evidence of any necessary **IRB** or ACUC approval is also required before data collection begins. The doctoral student is to be listed as the Principal Investigator (PI) or Associate Investigator on the approved IRB paperwork and must be included in any ACUC protocol. Failure to obtain the required approvals may result in the dissertation being permanently embargoed and unpublishable.

in any form (cf. Graduate Bulletin). Once OASIS has received a completed Doctoral Prospectus Clearance Form indicating "pass" from the major advisor, the Academic Program Specialist will request documentation for the completion of the college IRB-ACUC Approval Verification Form. This form, along with appropriate documentation, must be on file with OASIS within 60 days of the prospectus defense.

- H. The University Representative also submits an evaluation of the prospectus defense to OASIS within seven days of the prospectus defense date. **The student must initiate this form after the defense.** The form is found at <https://annescollege.fsu.edu/academics/office-academic-services-and-intern-support-oasis/graduate-students>.
- I. The signed Doctoral Prospectus Clearance Form, and any IRB or ACUC approvals are to be kept on file with the:
 1. Major Professor; and
 2. OASIS.

DISSERTATION

- A. A student who has completed the required course work, passed the preliminary examination, been admitted to candidacy, continues to use campus facilities, and/or receives faculty supervision, but **has not made a final dissertation submission**, shall include in the required full-time load a minimum of two (2) credit hours of HUN 6980 (this includes summer) Those with course underload permission must register for at least 2 credit hours of dissertation credit per term. Course underloads must be approved by the department.
- B. Before registering for dissertation hours, the student must consult the major professor as to the proportion of time (related to a full-time load) to be devoted to dissertation work. The number of hours listed will show the proportion of time to be devoted to the dissertation. The number of hours should not only reflect the effort of the student but should also take into account the use of campus facilities/resources and faculty interaction/supervision.
- C. A minimum of 24 credit hours of successfully completed dissertation is required by the University for a doctoral degree. Students may enroll in more than the minimum hours over the length of the degree program.
- D. The dissertation must be an achievement in research, constituting a significant contribution to knowledge.
- E. A student is expected to keep the major professor informed as the dissertation progresses and to consult with him/her and the supervisory committee members periodically.
- F. A copy of the dissertation must be submitted to the supervisory committee at least 4 weeks before the oral defense.
- G. The Dissertation defense must occur at least 4 months after the Prospectus Clearance Form is on file in OASIS.
- H. The language of the dissertation, treatise, or thesis will be English.
- I. If the student conducted an animal-based experiment as part of their dissertation, a request for an Approval of Submission letter for the corresponding ACUC protocol that describes their research should be completed by the student in RAMP.
- J. After the supervisory committee has indicated their decision (pass or fail) for the defense in the manuscript clearance portal, if an overall pass was recorded and all requested corrections were made (see below), the major professor (co-major professors) will give content approval in the online manuscript portal. The student must then upload the dissertation manuscript to ProQuest.
- K. The faculty must check the manuscript with iThenticate (or similar software) prior to content approval. The Department Chair and Academic Dean for Academic Affairs are not required to review and approve the manuscripts, as department chairs and academic deans are not included in the University Manuscript Clearance Portal approval process. However, the major professor (co-major professors) must provide the iThenticate report along with the committee-approved final

document (content) to the Department Chair 6 days before submitting it to the Graduate School Clearance Office for acknowledgement.

- L. Final approval of the dissertation by the committee is a prerequisite to the awarding of the degree.
- M. Publication of the dissertation research through professional journals is expected.

APPLICATION FOR THE DEGREE

A student must apply for degree conferral (graduation) via the Office of the Registrar's online application in my.fsu.edu. The deadline is within three weeks of the beginning of the semester; note the date in the University Bulletin. During the **online graduation application period of the term** in which a candidate expects to receive a degree, an online **application must be submitted for graduation even if the student does not intend to participate in the Commencement Ceremony**. The Department will allow students to apply late to graduate if deemed eligible by the Assistant Director for Graduate Studies in OASIS.

REGISTRATION FOR THE FINAL TERM

Registration of HUN 6980 - Dissertation is required in the term in which the requirement is completed. Students must be enrolled for a minimum of nine credit hours per semester (of which at least two must be dissertation hours), unless a course underload is approved.

EXAMINATION IN DEFENSE OF DISSERTATION

- A. The student, in consultation with the major professor, will arrange the time and place of the oral examination and inform the Department Chair and OASIS. The major professor will preside at the oral defense. Students should register only once for the defense (HUN8985).
- B. The defense shall be conducted in English.
- C. All committee members must be present for the entirety of the final defense of the dissertation unless prior arrangements have been made for extenuating circumstances that may make a committee member unavailable due to injury or sickness. The Department will follow University policy allowing for defenses to be held, when necessary, via distance technology with all members present in real-time. If the committee member cannot be present via telephone or computer, another faculty member with GFS must be present during the defense. If the University representative is unable to attend in real-time, then a new, appropriately qualified University representative must be selected to attend the defense.
- D. At least two weeks before the date of the examination, the student will submit an announcement of the examination to the Graduate School. Announcement of the student's defense must be made through the online manuscript clearance portal.
- E. Students are expected to provide (email) the departmental Academic Program Specialist with the following information at least 2 weeks before the oral defense so that an email invite to all departmental faculty and graduate students, as well as the Associate Dean for Academic Affairs and Dean, can be sent: student's full name, major professor's name, degree program (and specialization), location (and zoom link) and time (E.S.T.).
- F. The examination will be conducted by the major professor and the supervisory committee.
 - 1. The Department Chair, Associate Dean for Academic Affairs, and other interested graduate faculty are invited to attend.
 - 2. A majority vote by the supervisory committee is necessary to approve the defense.
- G. The examining committee will certify the results of the examination in the Graduate School's Manuscript Clearance online portal: passed, failed, or re-defense (see Appendix D). A "Pass with major revisions," a subcategory of pass, may be selected in the Manuscript Clearance portal.
- H. If the manuscript will not be completed in the same semester that the dissertation defense was conducted, the student will have to register for an additional semester and meet the Manuscript Clearance deadlines for the semester following the original defense. Students have up to the semester deadlines of the next term to complete their revisions or re-defend their manuscript.

Students redefending the manuscript must meet Manuscript Clearance deadlines during that semester.

- I. The University Representative must submit a written critique of the examination in defense of the dissertation through the University's online manuscript clearance portal within one week of the defense date.

DEGREE CLEARANCE

A graduate student is not eligible for conferral of a degree unless the cumulative grade point average is at least 3.0 in all graduate courses. No hours with a grade below "C-" will be credited on the graduate degree; all grades in graduate courses, except for those grades of "S" or "U" that are given, will be included in the computation of the average. The student is responsible for the following:

- A. The submission process and formatting requirements for students submitting Electronic Theses and Dissertations (ETDs) are outlined in the ***Guidelines and Requirements for Electronic Theses, Treatises, and Dissertations***. All students must submit the dissertation **electronically**. Students cannot receive manuscript format approval unless the manuscript has been **successfully defended**. A PDF version of the ***Guidelines*** is available for downloading from The Graduate School's website.
- B. Obtain clearance from a Graduate School Manuscript Clearance Advisor.
- C. Submit the Departmental Student Information Form one week before the graduation ceremony.

COMMENCEMENT

Obtaining permission from the Registrar's Office to walk early does not guarantee that the student will be able to do so; the student must also apply for early participation in a Commencement Ceremony through the Registrar's Graduation and Commencement Services Office. Please note that participation in a commencement ceremony is not the same as graduating (degree conferral). Final graduation clearance will take place after grades are posted.

All doctoral policies comply with University policies.

POLICIES FOR MASTER'S AND DOCTORAL DEGREE PROGRAMS

All policies in this Handbook comply with University policies. Please refer to the current University policies in the FSU Bulletin found at <https://bulletin.fsu.edu/>.

INCOMPLETE GRADE POLICY

"Incomplete" ("I") grades should be recorded only in exceptional cases when a student, who has completed a substantial portion of the course and who is otherwise passing, is unable to complete a well-defined portion of a course for reasons beyond their control. Students in these circumstances must petition the instructor and should be prepared to present documentation that substantiates their case. "Incompletes" will not be granted to allow students to do extra coursework to increase their grades. Grades are awarded based on the progress of work completed during a set semester so graduate students should not receive several semesters of incomplete grades for thesis, treatise and/or dissertation hours until completion of the defense.

- A. Even under these circumstances, the authority for determining whether to grant an "Incomplete" rests solely with the instructor. A Graduate Teaching Assistant must have approval from a supervising faculty member to grant an "Incomplete." (One exception to this guideline occurs when an "Incomplete" is applied as a result of allegations of academic dishonesty that have not been resolved by the end of a semester).
- B. Before an instructor assigns an "Incomplete," the instructor is required to complete an "Incomplete Grade Agreement" documenting the amount of work to be completed, the time frame for resolution of the grade, and the default grade to be assigned if the work is not completed. Calculation of the default grade is determined by the instructor based on the coursework completed to date as part of the total possible point value for the course. It is the student's responsibility to complete the remaining academic work within the agreed-upon time frame. The Incomplete Grade Agreement Form should be on file in OASIS before the first day of class of the following semester from when the "I" was awarded. The default grade for an incomplete cannot be "I," "NG," or left blank.
- C. Under University policy, an "Incomplete" grade automatically reverts to the predetermined default grade at the end of the semester which encompasses the date specified for resolution, unless one of two conditions are met:
 1. Upon completion of the agreed-upon work, the instructor submits a grade change that replaces the "I" with the final grade for the course. A legitimate grade (F/P, S/U, or letter grade) should be set as the default grade for an existing incomplete.
 2. The instructor submits a separate "Incomplete Extension of Time" form to the evaluation and Posting Section of Admissions and Records before the end of the semester in which the "I" is set to expire.
- D. No grade changes will be made after the degree has been granted.
- E. Examinations and defenses (0 credit hour courses) are to be enrolled in the semester the student expects to defend; no Incomplete is to be assigned. If a student enrolls in a Preliminary Examination or Dissertation Defense course and does not attempt to defend, the course will be retroactively administratively dropped.

LATE COURSE DROPS & WITHDRAWALS

- A. Course Drops
 1. Classes may be dropped during open enrollment and during the Drop/Add period by the student. Students are not grade or fee liable for these drops.

2. Classes dropped after the Drop/Add period, but before the end of the seventh week of classes, do not appear on final transcripts (not grade liable). The student will be held tuition/fee liable.
 3. Course drops after the seventh week of the semester (with dates pro-rated for individual summer sessions) require the academic dean's approval. For more about qualifiers and the process of petitioning, please see <https://annescollege.fsu.edu/academics/office-academic-services-and-intern-support-oasis/course-drops-withdrawals-and-leave>.
 4. Dissatisfaction with a grade, grade disputes with an instructor, and the desire to raise one's GPA are not themselves grounds for a course drop petition.
- B. Withdrawal
1. To terminate all courses for a semester, the student must withdraw from the University. The student should consult with OASIS and the University Offices of Withdrawal Services. A withdrawal represents a formal separation from the University and requires the academic dean's approval for reentry into the University. Students who are away for two (2) or more semesters, including summer, following the withdrawal must apply for readmission to the program. For more about qualifiers and the process of petitioning, please see <https://annescollege.fsu.edu/academics/office-academic-services-and-intern-support-oasis/course-drops-withdrawals-and-leave>.
 2. For post-seventh week personal withdrawals, approval of a documented Anne's College person hardship course drop/withdrawal online petition and a University application is required.
 3. Dissatisfaction with a grade, grade disputes with an instructor, and the desire to raise one's GPA are not themselves grounds for a withdrawal petition.
 4. Students with an academic honor policy violation pending cannot be approved for a withdrawal.

LEAVE OF ABSENCE POLICY

- A. Under special circumstances, graduate students may apply for a leave of absence (LOA) from the university for a specific period of up to three consecutive semesters (including summer term). The circumstances justifying a leave include but are not limited to personal or family medical conditions, call to active military duty, parental leave, death in the immediate family, or completion of an off-campus internship. The student must provide appropriate documentation and a rationale for the leave request.
- B. To apply for a LOA, a student must complete the Request for Leave of Absence Form (available on the Graduate School website) and submit it together with appropriate documentation to the major professor/advisor/Program Director before the beginning of the semester in question. If the major professor/advisor/Program Director approves the application, it should then be forwarded to the Department head and subsequently to OASIS for consideration. If approved at all of these levels, the Associate Dean (or delegate) will notify the Registrar and the Dean of the Graduate School of the decision. The Associate Dean or delegate will also notify the student of the decision (approved or denied). The Registrar will place a notation on the student's record. A student who is denied a request for leave at any step may appeal the decision to the Dean of The Graduate School.
- C. Retroactive LOA are not permissible. The LOA application must be completed, submitted, and approved at all levels prior to the start of the first semester that the LOA is requested. LOA requests for the semester of admission or re-admission are not permissible.
- D. **While on an approved leave of absence, a student will not have access to campus facilities or personnel.** For additional information on the Leave of Absence policy, please see the University Graduate Bulletin, under "Leave of Absence" at <https://registrar.fsu.edu/bulletin/graduate-information/academic-regulations-procedures>.

ACADEMIC STANDING AND RETENTION

The University reserves the right to exclude at any time a student whose conduct is deemed improper or prejudicial to the interest of the University community or whose academic performance is substandard, regardless of GP A.

Students in graduate or professional degree programs, excluding College of Law students and **MD** candidates in the College of Medicine, whose cumulative grade point average for graduate courses (5000 and above) taken at Florida State University falls below 3.0 at the end of a term (not counting courses for which "S" or "U" grades may be given) will be considered not in good standing by the University and will be placed on academic probation. If a 3.0 cumulative grade point average is not attained by the end of the next full term of enrollment, the student will be placed on academic dismissal. Academic dismissal constitutes a separation of the student from the University for academic reasons. Students on dismissal will not be permitted to register for courses, including registering as a non-degree student.

In any term where a student 1) enrolls in classes having only "S/U" or "P/F" grade types; or 2) completes a full-term withdrawal; or 3) is a graduate student enrolled in undergraduate classes excluded from their GPA, the student will receive no quality points and a 0.00 GPA at the end of that term.

- When a student's circumstances meet any of the criteria outlined above, under the University's retention policy the student's standing in that academic career remains what it was as of their last term of enrollment in that career.
- If a student's circumstances meet any of the criteria outlined above during their first term of enrollment in the academic career, under the University's retention policy the student will remain in good academic-standing status.

NOTE: Other criteria, including but not limited to 1) conditional admission; 2) academic degree progression or degree requirements; or 3) additional department or discipline-specific requirements, may prevent a student from remaining in good academic standing.

DISMISSAL FROM A GRADUATE PROGRAM FOR REASONS OTHER THAN GPA

The University reserves the right to dismiss graduate students and terminate their enrollment in an academic program based on a number of different criteria, beyond that of GPA alone. Oversight is provided by The Graduate School, Office of Faculty Development and Advancement (OFDA), and Office of the Registrar. Additional details on the steps involved in the process are available for faculty and administrators from the Office of Faculty Development and Advancement and for graduate students at The Graduate School.

Dismissed students will not be permitted to register for further graduate study, including registering as non-degree students, in the degree program or college from which they had enrollment terminated. Graduate students who have been dismissed from one degree program may seek admission to another degree program, but will not be readmitted or allowed to add the dismissed degree program back as a second major or degree. This includes seeking admission into a different degree program that shares a joint pathway with the dismissed degree program.

Program terminations (dismissal for a reason other than GPA) are generally identified by the faculty with support from the Department Chair and may occur for a number of different reasons. As specified by university policy, Graduate policy, or within the unit's Graduate Student handbook, reasons may include but are not limited to:

1. Inability to conduct independent research in a fashion appropriate within the accepted norms of a discipline.
2. Inability to function within a team environment to the extent that it negatively affects the learning, practice, and/or research of fellow graduate students.
3. Behavior that does not meet the professional standards of a discipline (typically clinical, school settings, internship work, etc.).
4. Failure to be approved for an Extension of Time (E01).
5. Failure to complete important degree milestone requirements within a reasonable period of time (e.g., failure of preliminary exam for admission to candidacy).
6. Failure to complete the doctoral degree or make timely progress towards the research or writing of the dissertation.
7. Failure to complete the master's degree or make timely progress towards the research or writing of the thesis.

In addition, please note that suspension or expulsion from the university may result if a student is found responsible in a formal Academic Honor Policy (AHP) hearing for an egregious AHP violation, or as an outcome from a Student Conduct Code charge for which a student is found responsible.

Appendix A - Curriculum sheets for the Master's Degree Programs

EXERCISE PHYSIOLOGY B.S./M.S. PATHWAY (THESIS)
MAJOR IN
EXERCISE PHYSIOLOGY

The thesis MS in Exercise Physiology requires a minimum of 32 credit hours. Students must complete the BS requirements no later than Spring 1. This program is only open to those who have been officially accepted to the BS/MS combined pathway and have research experience at FSU before entering their senior year. To find out more about eligibility and applying to the program, contact the college's undergraduate mapping coordinator before term 6 of your undergraduate career.

Spring 1

Students will be limited to enrolling in a total of 15 credit hours this semester but only 12 credit hours are recommended. Students must earn B or better (or S) in every class which is double-counting toward the BS and MS degrees, and maintain a minimum 3.00 GPA this semester, to continue MS coursework.

PET 5553*	Cardiorespiratory and Anthropometric Evaluation	3 hrs	Letter grade
PET 5077*	Physical Dimensions of Aging	4 hrs	Letter grade
APK 6935*	Seminar in HNFS	1 hr	Letter grade
PET 5751	Sports Fitness Testing		
or *		3 hrs	Letter grade
PET 6388	Exercise and Disease		

Taking 11 credit hours for dual credit

11 hrs

The student will be evaluated to determine if he/she may continue in the master's degree program. If continuing, the student must submit a Program of Study Form (approved and on file) before enrolling in Fall 1.

Summer1

PET 5367	Nutrition and Exercise Performance	3 hrs	Letter grade
<u>Multiple</u>	Statistics**	3 or 4 hrs	Letter <u>grade</u>
		6 or 7hrs	

Fall 1

APK5111C	Advanced Exercise Physiology	3 hrs	Letter grade
HUN 5802	Research Design and Methodology	2 hrs	Letter grade
HUN 5802L	Research Design and Methodology Lab	1 hr	Letter grade
HUN 5971	Thesis	3 hrs	S/U
		9hrs	

Spring 2

Dept Elective	-see graduate bulletin for listings- (Endocrinology recommended)	3 hrs	Letter grade
HUN 5971	Thesis	3 hrs	S/U
HUN 8976	Thesis Defense	0hrs	P/F
		6 hrs	

** Possible statistics courses include EDF5400 and FAD5700.

EXERCISE PHYSIOLOGY B.S./M.S. PATHWAY (COURSEWORK-ONLY)
MAJOR IN
EXERCISE PHYSIOLOGY

The coursework-only MS in Exercise Physiology requires a minimum of 35 credit hours. Students must complete the BS requirements no later than Spring 1. This program is only open to those that have been officially accepted to the BS/MS combined pathway. To find out more about eligibility and applying to the program, contact the college's undergraduate mapping coordinator before term 6 of your undergraduate career.

Spring 1

Students will be limited to enrolling in a total of 15 credit hours this semester but only 12 credit hours are recommended. Students must earn B or better (or S) in every class which is double-counting toward the BS and MS degrees, and maintain a minimum 3.00 GPA this semester, to continue MS coursework.

PET 5553*	Cardiorespiratory and Anthropometric Evaluation	3 hrs	Letter grade
PET 5077*	Physical Dimensions of Aging	4 hrs	Letter grade
APK 6935*	Seminar in HNFS	1 hr	Letter grade
PET 5751	Sports Fitness Testing		
Or *		3 hrs	Letter grade
PET 6388	Exercise and Disease		

11 hrs

Taking 11 credit hours for dual credit

The Student will be evaluated to determine if he/she may continue in the master's degree program. If continuing, the student must submit a Program of Study Form (approved and on .ile) before enrolling in Fall 1.

Summer 1

Multiple	Statistics**	3 or 4 hrs	Letter grade
PET 5367	Nutrition and Exercise Performance	3 hrs	Letter <u>grade</u>
		6-7hrs	

Fall 1

APK5111C	Advanced Exercise Physiology	3 hrs	Letter grade
HUN 5802	Research Design and Methodology	2hrs	Letter grade
HUN 5802L	Research Design and Methodology Lab	1 hr	Letter grade
Dept Elective	-see graduate bulletin for listings-	3 hrs	Letter grade or S/U
		9 hrs	

Spring 2

APK8945	Exercise Physiology Internship	9 hrs	S/U
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9 hrs

** Possible statistics courses include EDF5400 and FAD5700.

**M.S.DEGREE
IN
EXERCISE PHYSIOLOGY
MAJOR IN
EXERCISE PHYSIOLOGY**

The major in **exercise physiology** includes both thesis and coursework-only options. It is expected that the student will either show evidence of having had experiences in anatomy, physiology, chemistry, and exercise physiology or will treat these as deficiencies and rectify them before studying related advanced courses.

CORE **14 CREDIT HOURS**

HUN 5802 and	Research Design and Methodology	2
HUN 5802L	Research Design and Methodology Laboratory	1
<i>Or</i>		
CHD 5915	Methods of Research I	3
APK 5111C	Advanced Exercise Physiology	3
APK5139L	Advanced Exercise Physiology Lab	1
PET 5367	Nutrition and Exercise Performance	3
PET 5553	Cardiorespiratory and Anthropometric Evaluation	3
APK6935	Seminar in HNFS	1

ONE OF THE FOLLOWING STATISTIC COURSES **minimum 3 CREDIT HOURS**

EDF 5400	Basic Descriptive & Inferential Statistics App	3
FAD 5700	Applied Research in Human Sciences	4

THREE COURSES FROM THE FOLLOWING **minimum 9 CREDIT HOURS**

PET 5054C	Motor Skill Learning	3
PET 5077	Physical Dimensions of Aging	4
APK 5177	Strength and Power Training	3
PET 5216	Applied Sport and Exercise Psychology	3
PET 5389	Strength Program Development	3
PET 5751	Sports Fitness Testing	3
PET 6317	Skeletal Muscle Structure and Function	4
PET 6365	Exercise and the Cardiorespiratory System	4
PET 6387	Endocrinology in Health and Exercise	3
PET 6388	Exercise and Disease	3

THESIS OPTION* **minimum 6 CREDIT HOURS**

HUN 5971	Thesis (S/U)	6
HUN 8976	Thesis Defense (P/F)	0

COURSEWORK-ONLY OPTION** **9 CREDIT HOURS**

APK 8945	Exercise Physiology Internship (S/U) ***	9
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* Thesis option requires a minimum of 32 total credit hours, 18 of which must be letter-grade.

** Coursework-only option requires a minimum of 35 total credit hours, 21 of which must be letter-grade.

***For satisfactory completion of internships, students must achieve a score of 70% or higher.

M.S. DEGREE
IN
EXERCISE PHYSIOLOGY
MAJOR IN
SPORTS NUTRITION

The major in sports nutrition includes both thesis and coursework-only options. The student is required to show evidence of having had the prerequisite courses in anatomy, physiology, biochemistry, metabolism, and exercise physiology, or will treat these as deficiencies and rectify them before studying related advanced courses.

CORE		20 CREDIT HOURS
HUN 5802 and HUN 5802L	Research Design and Methodology	2
	Research Design and Methodology Laboratory	1
<i>Or</i>		
CHD 5915	Methods of Research I	3
APK 5111C	Advanced Exercise Physiology	3
PET 5367	Nutrition and Exercise Performance	3
APK 6935	Seminar in HNFS	1
HUN 5242	Carbohydrates, Fats, and Proteins	3
HUN 5243	Vitamins and Minerals	3
APK5166	Supplements in Exercise	3
APK 5139L	Advanced Exercise Physiology Lab	1

ONE OF THE FOLLOWING STATISTICS COURSES	minimum 3 CREDIT HOURS
EDF 5400	Basic Descriptive & Inferential Statistics App
FAD 5700	Applied Research in Human Sciences

ELECTIVES	minimum 6 CREDIT HRS (Thesis) or 9 CREDIT HRS (Coursework-only)
HUN 5297****	Eating Disorders, Body Image, and Healthy Weight Maintenance
	Physical Dimensions of Aging
HUN 5625	Nutrition Counseling and Wellness
PET 5216	Applied Sport and Exercise Psychology
PET 5389	Strength Program Development
PET 5553	Cardiorespiratory and Anthropometric Evaluation
PET 5751	Sports Fitness Testing
PET 6317	Skeletal Muscle Structure and Function
PET 6365	Exercise and the Cardiorespiratory System
PET 6387	Endocrinology in Health and Exercise
PET 6388	Exercise and Disease
HUN5938****	Special Topics in Nutrition: Adv MNT II
*	*****Reserved for DI students

THESIS OPTION*	minimum 6 CREDIT HOURS
HUN 5971	Thesis (S/U)
HUN 8976	Thesis Defense(P/F)

COURSEWORK-ONLY OPTION**	CREDIT HOURS
HUN 8966	Comprehensive Examination*** (P/F)

* Thesis option requires a minimum of 35 total credit hours, 18 of which must be letter-grade.

** Coursework-only option requires a minimum of 32 total credit hours, 21 of which must be letter-grade.

***For satisfactory completion of the comprehensive exam, students must achieve a score of 70% or higher.

**** Course is co-listed with an undergraduate class. If you have already taken the co-listed undergraduate course, you will not be allowed to select the corresponding graduate course for the elective.

M.S. DEGREE
IN
EXERCISE PHYSIOLOGY
MAJOR IN
SPORTS NUTRITION+ DIETETIC INTERNSHIP (+DI)

The major in sports nutrition +DI includes both thesis and coursework-only options. The student must show successful completion of DPD coursework before admittance. The student is required to show evidence of having had the prerequisite courses in anatomy, physiology, biochemistry, metabolism, and exercise physiology, or will treat these as deficiencies and rectify them before studying related advanced courses.

CORE		29 CREDIT HOURS
HUN 5802 and	Research Design and Methodology	2
HUN 5802L	Research Design and Methodology Laboratory	1
<i>Or</i>		
CHD 5915	Methods of Research I	3
APK5111C	Advanced Exercise Physiology	3
APK5139L	Advanced Exercise Physiology Lab	1
PET 5367	Nutrition and Exercise Performance	3
APK6935	Seminar in HNFS	1
HUN 5242	Carbohydrates, Fats, and Proteins	3
HUN 5243	Vitamins and Minerals	3
HUN 5625	Nutrition Counseling and Wellness	3
APK5166	Supplements in Exercise	3
DIE 5248	Advanced Medical Nutrition Therapy	3
HUN 5938	Special Topics in Nutrition: Adv MNT II	3

ONE OF THE FOLLOWING STATISTICS COURSES		minimum 3 CREDIT HOURS
EDF 5400	Basic Descriptive & Inferential Statistics App	3
FAD 5700	Applied Research in Human Sciences	4

THESIS OPTION*		21 CREDIT HOURS
HUN 8945	Supervised Field Experience (Internship)*** (S/U)	15
HUN 5971	Thesis (S/U)	6
HUN 8976	Thesis Defense (P/F)	0

COURSEWORK-ONLY OPTION**		18 CREDIT HOURS
HUN 8945	Supervised Field Experience (Internship)*** (S/U)	18

* Thesis option requires a minimum of 53 total credit hours, 18 of which must be letter-grade.

** Coursework-only option requires a minimum of 50 total credit hours, 21 of which must be letter-grade.

***For satisfactory completion of internships, students must achieve a score of 70% or higher.

**M.S.DEGREE
IN
EXERCISE PHYSIOLOGY
MAJOR IN
SPORTS SCIENCES**

The **sports sciences** major is a coursework-only option, requiring 32 credit hours. It is expected that the student will either show evidence of having had experiences in anatomy, physiology, chemistry, nutrition, and exercise physiology, or will treat these as deficiencies and rectify them before undertaking related advanced courses.

CORE		<u>23 CREDIT HOURS</u>
APK 5111C	Advanced Exercise Physiology	3
APK5139L	Advanced Exercise Physiology Lab	1
PET 5367	Nutrition and Exercise Performance	3
PET 5389	Strength Program Development	3
APK6935	Seminar in HNFS	1
PET 5751	Sports Testing	3
APK5177	Strength & Power Training	3
APK8945*	Exercise Physiology Internship (2x3 hours each)**	6

ONE OF THE FOLLOWING STATISTICS COURSES **minimum 3 CREDIT HOURS**

EDF 5400	Basic Descriptive & Inferential Statistics Application	3
FAD 5700	Applied Research in Human Sciences	4

ELECTIVES FROM THE FOLLOWING **6 CREDIT HOURS**

HUN 5906	Directed Individual Study (topics vary) (S/U)	3
APK5166	Supplements in Exercise	3
PET 5054C	Motor Skill Learning	3
PET 5077	Physical Dimensions of Aging	4
PET 5216	Applied Sport and Exercise Psychology	3
PET 5235	Motor Learning for Coaches	3
PET 5412	Professional Practices	3
PET 5466	Programming for Non-Majors	3
PET 5553	Cardiorespiratory and Anthropometric Evaluation	3
PET 5769	Theory and Practice of Athletic Coaching	3
PET 6317	Skeletal Muscle Structure and Function	4
PET 6365	Exercise and the Cardiorespiratory System	3
PET 6387	Endocrinology in Health and Exercise	3
PET 6388	Exercise and Disease	3

The above elective courses are suggested; however, this course requirement can be decided by the Degree Program Coordinator.

*Students may either be denied a field placement or removed from a placement based on the academic judgment of the program director. Placement in most Sports Sciences related internship requires obtaining the Certified Strength and Conditioning Specialist (**CSCS**) certification through the National Strength and Conditioning Association (NSCA) before the start of the internship. The first-year coursework will prepare students for the CSCS exam.

**For satisfactory completion of internships, students must achieve a score of 70% or higher.

**M.S.DEGREE
IN
FOOD AND NUTRITION
MAJOR IN
NUTRITION AND FOOD SCIENCE (SPECIALIZATION IN NUTRITION SCIENCE)**

The major in Nutrition and Food Sciences (Nutrition Science specialization) includes both thesis and coursework-only options. It is expected that the student will show evidence of having competency in areas of organic chemistry, biochemistry, anatomy and physiology, metabolism of nutrients, and science of nutrition, or will treat these as deficiencies and rectify them before studying related advanced courses.

CORE		10 CREDIT HOURS
HUN 5242	Carbohydrates, Fats, and Proteins	3
HUN 5243	Vitamins and Minerals	3
APK6935	Seminar in HNFS	1
HUN 5802and HUN 5802L OR CHD 5915	Research Design and Methodology Research Design and Methodology Lab Methods of Research I	2 1 3
ELECTIVES	minimum 12 CREDIT HRS (Thesis) or 18 CREDIT HRS (Coursework-only)	
DIE 5248	Advanced Medical Nutrition Therapy	3
HUN 5938	Special Topics in Nutrition: Adv MNT II	3
APK 5166	Supplements in Exercise	3
HUN 5536	Nutrition and Microbiome	3
HUN 5625	Nutrition Counseling and Wellness	3
HUN 5297****	Eating Disorders, Body Image & Healthy Weight Maintenance	3
HUN 5906	Directed Individual Study (topics vary) (S/U)	3
HUN 5910	Supervised Research (S/U)	3
HUN 6940	Supervised Teaching (S/U)	3
PET 5367	Nutrition and Exercise Performance	3
FOS 5205****	Food Safety and Quality	3
PET 6387	Endocrinology in Health and Exercise	3
ONE OF THE FOLLOWING STATISTICS COURSES		minimum 3 CREDIT HOURS
EDF 5400	Basic Descriptive & Inferential Statistics App	3
FAD 5700	Applied Research in Human Sciences	4
THESIS OPTION*		minimum 6 CREDIT HOURS
HUN 5971	Thesis (S/U)	6
HUN 8976	Thesis Defense (P/F)	0
COURSEWORK-ONLY OPTION**		CREDIT HOURS
HUN 8966	Comprehensive Examination (P/F)***	0

*Thesis option requires a minimum of 31 total credit hours, 18 of which must be letter-grade.

**Coursework-only option requires a minimum of 31, 21 of which must be letter-grade.

***For satisfactory completion of the comprehensive exam, students must achieve a score of 70% or higher.

**** Course is co-listed with an undergraduate class. If you have already taken the co-listed undergraduate course, you will not be allowed to select the corresponding graduate course for the elective.

**M.S.DEGREE
IN
FOOD AND NUTRITION
MAJOR IN
NUTRITION AND FOOD SCIENCE (SPECIALIZATION IN NUTRITION SCIENCE)
+ DIETETICS INTERNSHIP (+DI)**

The major in Nutrition and Food Sciences (Nutrition Science specialization) + DI includes both thesis and coursework-only options. The student must show successful completion of DPD coursework before admittance. It is expected that the student will show evidence of having competency in areas of organic chemistry, biochemistry, anatomy and physiology, metabolism of nutrients, and science of nutrition, or will treat these as deficiencies and rectify them before studying related advanced courses.

CORE		19 CREDIT HOURS
HUN 5242	Carbohydrates, Fats, and Proteins	3
HUN 5243	Vitamins and Minerals	3
APK6935	Seminar in HNFS	1
HUN 5625	Nutrition Counseling and Wellness	3
DIE 5248	Advanced Medical Nutrition Therapy	3
HUN 5938	Special Topics in Nutrition: Adv MNT II	3
HUN 5802and HUN 5802L OR CHD 5915	Research Design and Methodology Research Design and Methodology Lab Methods of Research I	2 1 3
ELECTIVES	minimum 6 CREDIT HRS (Thesis) or 9 CREDIT HRS (Coursework-only)	
HUN 5906	Directed Individual Study (topics vary) (S/U)	3
HUN 5910	Supervised Research (S/U)	3
HUN 6940	Supervised Teaching (S/U)	3
HUN 5297****	Eating Disorders, Body Image & Healthy Weight Maintenance	3
APK5166	Supplements in Exercise	3
HUN5536	Nutrition and Microbiome	3
PET 5367	Nutrition and Exercise Performance	3
FOS 5205****	Food Safety and Quality	3
PET 6387	Endocrinology in Health and Exercise	3
ONE OF THE FOLLOWING STATISTICS COURSES		minimum 3 CREDIT HOURS
EDF 5400	Basic Descriptive & Inferential Statistics App	3
FAD 5700	Applied Research in Human Sciences	4
THESIS OPTION*	minimum 21 CREDIT HOURS	
HUN 5971	Thesis (S/U)	6
HUN 8976	Thesis Defense (P/F)	0
HUN 8945	Supervised Field Experience (Internship)*** (S/U)	15
COURSEWORK-ONLY OPTION**		18 CREDIT HOURS
HUN 8945	Supervised Field Experience (Internship)*** (S/U)	18

*Thesis option requires a minimum of 49 total credit hours, 18 of which must be letter-grade.

**Coursework-only option requires a minimum of 49 total credit hours, 21 of which must be letter-grade.

***For satisfactory completion of internships, students must achieve a score of 70% or higher.

**** Course is co-listed with an undergraduate class. If you have already taken the co-listed undergraduate course, you will not be allowed to select the corresponding graduate course for the elective.

**M.S.DEGREE
IN
FOOD AND NUTRITION
MAJOR IN
NUTRITION AND FOOD SCIENCE (SPECIALIZATION IN FOOD SCIENCE)**

The major in **Nutrition and Food Science (specialization in Food Science)** includes both thesis and coursework-only options. It is expected that the student will show evidence of having competency in areas of food science, organic chemistry, biochemistry, and microbiology, or will treat these as deficiencies and rectify them before studying related advanced courses.

CORE **13 CREDIT HOURS**

FOS 5424	Food Preservation	3
FOS 5936	Selected Topics in Food Science and Technology	3
APK6935	Seminar in HNFS	1
HUN 6248	Adv in Nutt & Food Sci: Food Microbiology)	3
HUN 5802and	Research Design and Methodology	2
HUN 5802L	Research Design and Methodology Laboratory	1

DEPARTMENTAL ELECTIVES **minimum 6 CREDIT HOURS**

FOS 5205**	Food Safety and Quality	3
FOS 6351C	Physical and Chemical Techniques in Food and Nutrition	3
HUN 5242	Carbohydrates, Fats, and Proteins	3
HUN 5243	Vitamins and Minerals	3
HUN 5297**	Eating Disorders, Body Image & Healthy Weight Maintenance	3
HUN 5938	Special Topics in Nutrition (topics vary)	3
HUN 5536	Nutrition and Microbiome	3
HUN 5906	Directed Individual Study (topics vary) (S/U)	1-3
HUN 5910	Supervised Research (S/U)	1-3
HUN 6940	Supervised Teaching (S/U)	1-3

OUTSIDE ELECTIVES **minimum 3 CREDIT HOURS**

BCH 5745	Chemical and Physical Characterization of Biopolymers	3
CHM 5140	Introduction to Chemical Instrumentation	3
CHM 5154	Chemical Separations	3
CHM 5440	Physical and Chemical Kinetics	3
CHM 5585	Experimental Methods in Physical Chemistry	3
ENC 5457	Writing in the Sciences	3
PCB 5525	Molecular Biology	3
PCB 5595	Advanced Molecular Biology	3

The above outside elective courses are suggested; however, the course requirement can be decided by the student's committee.

STATISTICS **minimum 3 CREDIT HOURS**

EDF 5400	Basic Descriptive and Inferential Statistics Applications	3
FAD 5700	Applied Research in Human Sciences	4

THESIS OPTION **minimum 6 CREDIT HOURS**

HUN 5971	Thesis (S/U)	6
HUN 8976	Master's Thesis Defense (P/F)	0

COURSEWORK-ONLY OPTION**minimum 6 CREDIT HOURS**

HUN 8966	Master's Comprehensive Examination (P/F)*	0
Select graduate courses from the suggested departmental and/or outside electives above		6

Minimum requirement for both options: 31 credit hours

Please select electives with S/U grading carefully as the university requires thesis students to have a minimum of 18 letter-grade credit hours and coursework-only students to have a minimum of 21 letter-grade credit hours.

*For satisfactory completion of the comprehensive exam, students must achieve a score of 70% or higher

** Course is co-listed with an undergraduate class. If you have already taken the co-listed undergraduate course, you will not be allowed to select the corresponding graduate course for the elective.

Appendix B - Curriculum Sheets for the Doctoral Degree Programs

**Ph.D. DEGREE
IN
EXERCISE PHYSIOLOGY**

CORE **9 CREDIT HOURS**

APK 6178	Human Physiology I (taken in conjunction with APK6179)	3
APK 6179	Human Physiology II	3
*PET 6931	Advanced Topics: Cell and Molecular Biology (alternating fall)	3

**This class may be substituted with the doctoral committee's approval for an alternate class at the doctoral level.*

REQUIRED RESEARCH **minimum 30 CREDIT HOURS**

APK 6935	Seminar in HNFS	1
HOE 6366	Research Best Practices in Human Sciences	2
HUN 6911	Supervised Research	3
HUN 8964	Preliminary Doctoral Examination	0
HUN 6980	Dissertation	24
HUN 8985	Dissertation Defense	0

ELECTIVES **minimum 12 CREDIT HOURS**

APK 5111C	Advanced Exercise Physiology	3
APK5139L	Advanced Exercise Physiology Lab	1
HUN 5242	Carbohydrates, Fats, and Proteins	3
HUN 5243	Vitamins and Minerals	3
HUN 6780	Nutrigenomics and Epigenetics	3
HUN 6906	Directed Individual Study (topics vary)	3
HUN 6940	Supervised Teaching	1-3
PET 5077	Physical Dimensions of Aging	4
PET 5367	Nutrition and Exercise Performance	3
PET 5553	Cardiorespiratory and Anthropometric Evaluation	3
PET 6317	Skeletal Muscle Structure and Function	4
PET 6365	Exercise and the Cardiorespiratory System	4
PET 6387	Endocrinology in Health and Exercise	3
PET 6388	Exercise and Disease	3
EDF 6280	Enhancing Human Functioning	3
PET 6217	Stress and Motor Performance	3

STATISTICS **minimum 3 CREDIT HOURS**

FAD 5700	Applied Research in Human Sciences	4
EDF 5402	Analysis of Variance	3

One of the above is suggested; however, the statistics course requirement can be decided by the student's committee.

Total Minimum Credit Hours **54**

**Ph.D. DEGREE
IN
HUMAN SCIENCES - EMPHASIS IN NUTRITION SCIENCE**

The Ph.D. program in Human Sciences with an area of emphasis in Nutrition Science is a competency-based research degree.

<u>CORE</u>		<u>9 CREDIT HOURS</u>
*HUN 5242	Carbohydrates, Fats, and Proteins	3
*HUN 5243	Vitamins and Minerals	3
**PET 6931	Advanced Topics: Cell and Molecular Biology (alternating fall)	3

** Required if have not previous/y been taken. If these courses have been taken, the student's committee should decide on different courses (up to 6 credit hours) relevant to the student's research interest to fulfill the credit requirement.*

***This class may be substituted with the doctoral committee's approval for an alternate class at the doctoral level.*

<u>REQUIRED RESEARCH</u>		<u>minimum 30 CREDIT HOURS</u>
APK 6935	Seminar in HNFS	1
HOE 6366	Research Best Practices in Human Sciences	2
HUN 6911	Supervised Research	3
HUN 8964	Preliminary Exam (P/F)	0
HUN 6980	Dissertation (S/U)	24
HUN 8985	Dissertation Defense (P/F)	0

<u>ELECTIVES</u>		<u>minimum 12 CREDIT HOURS</u>
HUN 6248	Advances in Nutrition and Food Science (topics vary)	3
PET 6387	Endocrinology in Health and Exercise	3
PET 5367	Nutrition and Exercise Performance	3
HUN 5536	Nutrition and Microbiome	3
HUN 6906	Directed Individual Study (topics vary)	3
HUN 6780	Nutrigenomics and Epigenetics	3
HUN 6940	Supervised Teaching	3
HUN 5802 and	Research and Methodology	2
HUN 5802L	Research and Methodology Lab	1

These are suggested electives; however, a different course relevant to the student's research interest may be decided by the student's committee.

<u>STATISTICS</u>		<u>minimum 3 CREDIT HOURS</u>
FAD 5700	Applied Research in Human Sciences	4

This is the recommended statistics course; however, a different statistics course relevant to the student's interests may be decided by the student's committee.

<u>Total Minimum Credit Hours</u>	<u>54</u>
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**Ph.D. DEGREE
IN
Human Sciences - Emphasis in Food Science**

The Ph.D. program in Human Sciences with an area of emphasis in Food Science is a competency-based research degree; satisfying the courses alone does not guarantee the degree will be awarded - the student must advance to mastery in the field of specialization.

CORE **15 CREDIT HOURS**

FOS 5205*	Food Safety and Quality	3
FOS 5424*	Food Preservation	3
FOS 5936*	Selected Topics in Food Science and Technology	3
FOS 6351C*	Physical and Chemical Techniques in Food and Nutrition	3
HUN 6248*	Adv in Nutt & Food Sci: Food Microbiology	3

- *Required if not previously taken. If these courses were taken, the student's committee will decide on different courses (up to 15 credit hours) relevant to the student's research interest to fulfill the credit requirement.*

REQUIRED RESEARCH **minimum 30 CREDIT HOURS**

APK 6935	Seminar in HNFS	1
HOE 6366	Research Best Practices in Human Sciences	2
HUN 6911	Supervised Research (S/U)	3
HUN 8964r	Preliminary Doctoral Examination (P/F)	0
HUN 6980r	Dissertation (S/U)	24
HUN 8985r	Dissertation Defense Examination (P/F)	0

DEPARTMENTAL ELECTIVES **minimum 3 CREDIT HOURS**

HUN 5242	Carbohydrates, Fats, and Proteins	3
HUN 5243	Vitamins and Minerals	3
HUN 5536	Nutrition and Microbiome	3
HUN 6780	Nutrigenomics and Epigenetics	3
HUN 6940	Supervised Teaching (S/U)	1-3
HUN 6906	Directed Individual Study (S/U)	3
PET 6931	Advanced Topics: Cell and Molecular Biology	3

OUTSIDE ELECTIVES **minimum 3 CREDIT HOURS**

BCH 5745	Chemical and Physical Characterization of Biopolymers	3
BSC 5409	Biophysical Principles of Biological Techniques	3
BSC 5936	Selected Topics in Biological Sciences: Nanotechnology	2
CHM 5140	Introduction to Chemical Instrumentation	3
CHM 5154	Chemical Separations	3
CHM 5440	Physical and Chemical Kinetics	3
CHM 5585	Experimental Methods in Physical Chemistry	3
EMA 5015C	Nanomaterials and Nanotechnology	3
PCB 5936	Selected Topics in Genetics and Cell Biology: Immunology	3

The above outside elective courses are suggested; however, the course requirement can be decided by the student's committee.

STATISTICS **minimum 3 CREDIT HOURS**

EDF 5401	General Linear Model Applications	4
FAD 5700	Applied Research in Human Sciences	4

These are recommended statistics courses; however, a different statistics course relevant to the student's interests may be decided by the student's committee. Previously taken courses cannot be repeated.

Total Minimum Credit Hours **54**

Appendix C - Annual Progress Report for Students in Health, Nutrition and Food Sciences

ANNUAL PROGRESS REPORT FOR DOCTORAL STUDENTS

Department of Health, Nutrition and Food Sciences Florida State University

Student: _____ EMPLID: _____

First Semester in Program: _____ Expected Graduation Semester: _____

Year of Current Evaluation: 2025-2026 Major Professor(s): _____

Students are to be evaluated based on their stage in their degree program. Progress is assessed by the information turned in by the student (updated CV, teaching and research statements), SPCI, and supervisor's evaluation of teaching performance. Based on the evaluation of information the appropriate box is to be marked. Supporting material(s) need to be submitted by the student to the major (or co-major) professor(s) by May 1st of each year. A copy of the completed and signed report is submitted to OASIS 1) before the end of classes of the graduating semester or 2) July 1st if the student is continuing in the same program. The major professor (co-major professors) should also submit a completed and signed copy to the student.

	Needs Improvement/ Not uploaded/Not yet applicable	Meets Expectations	Exceeds Expectations
1) Current CV - Updated each year and turned in by May 1 st			
	- CV not on file with the major professor <i>or</i> - Low quality, e.g., Poorly formatted Lack of information Lack of detail Unnecessary information	- CV on file with major professor - Complete information	- Up to date and thoroughly edited/organized with currently accepted formatting
Comments			
2) Grant applications with			

major prof. (e.g. pre-doctoral research grant) - Will be evaluated in 3 rd Or 4 th yr	- Grant not uploaded <i>or</i> - Low quality, not suitable for submission	- Grant that is appropriate to the student's program of research - Ready for submission	- Grant that is appropriate to the student's program of research that was submitted and/or funded
Comments			
3) Manuscripts with major prof. (consider the impact of their research projects) - 1 st yr: Data collection - 2 nd yr: one or more manuscripts submitted - 3 rd & 4 th yr: One Or more manuscripts published	- No research activities (1 st yr) - One (2 nd yr) or fewer than two (3 rd & 4 th yr) manuscripts submitted to a peer-reviewed scientific journal	- Data being collected (1 st yr) - At least one (2 nd yr) or two (3 rd & 4 th yr) manuscript(s) submitted to a peer-reviewed scientific journal	- At least one manuscript accepted (in press) (1 st yr) - More than two papers published by a peer-reviewed scientific journal (3 rd & 4 th yr)
Comments			
4) Research presentations (oral or poster) at a national or international professional conference (2nd thru 4th yr)	- Fewer than two research presentations accepted or presented at a national or international professional conference	- At least two research presentations accepted or presented at a national or international professional conference	- Received an award (that was part of a competitive process, e.g., best presentation, best paper, travel) from a professional or scientific association at the national or international level
Comments			
S) Awards/Scholarships	- At least one award or scholarship application submitted	- More than one award or scholarship application submitted	- At least one award or scholarship received
Comments			
6) Statement of Program of Research Should be refined each year and turned in by May 1st	- Program of Research not handed into major professor <i>or</i>	- Program of Research handed in with adequate writing	- Focused program of research with

	- Poorly written or organized	- All elements present, a clear statement of research.	exemplary writing and organization
Comments			
7) Evidence of successful teaching in a face-to-face or online format (if student was an instructor of record)			
	- SPCI mean rating of < 3.0 (if student was an instructor of record)	- SPCI mean ratings of > 3.0 (if student was an instructor of record)	- SPCI ratings of > 4.0 (if student was an instructor of record) - Nomination for teaching awards - PIE Teaching Training Recognition
Comments			
8) Statement of Teaching Philosophy Should be refined each year and turned in by May 1st - 1st yr for TA - 3rd & 4th yr for all others			
	- Statement not handed into major professor or - Low quality, not suitable for submitting with a job application	Statement handed in to major professor with adequate writing, all elements present, clear statement of teaching philosophy	- Exemplary writing and organization
Comments			
9) Evidence of service to the Department, College, University, or professional organization			
	- Not a member of at least one national professional/ scientific association - No events / activities	- Member of at least one national professional/ scientific association - Average of at least one service event/activity	- More than one event/ activity (per year) or served as a journal reviewer-in-training or reviewer for conference presentations
Comments			
10) Other career-related activities			
	- Little or no activity	Active in career-related activities/service in community	- Active in career-related activities/service in community and evidence of leadership (e.g., service award, officer, etc.)
Comments			

Additional Comments:

Overall Status of Student's Progress for the Current Academic Year (Required):

Unsatisfactory	Cause for Concern	Satisfactory

Scholarly Engagement for the Current Academic Year (Required):

Yes	No

Overall Status of Student's Progress for Entire Time in Program (Required):

Unsatisfactory	Cause for Concern	Satisfactory

Signatures below indicate that this progress report has been reviewed by both the student and the (co-)major professor(s) together. If signed and dated digitally, it must be through FSU DocuSign with verification page(s) attached.

Student: _____ Date: _____

(Co-)Major Professor: _____ Date: _ _ _ _ _

(Co-)Major Professor: _____ Date: _ _ _ _ _

Initial of OASIS Staff Member: ___

Date Rec in OASIS: ____

To meet the Scholarly Engagement requirement, doctoral students should interact with faculty and peers by attending seminars, symposia, and conferences and engaging in collaborative study and research beyond the university campus. The goal is to prepare students to be scholars who can independently acquire, evaluate, and extend knowledge, as well as develop themselves as effective communicators and disseminators of knowledge. The purpose of the Scholarly Engagement requirement is to ensure that doctoral students are active participants in the scholarly community. See the Annual Doctoral Student Evaluation Form for details.

Appendix D - Definitions of Pass/Fail/ Additional work for the Preliminary Exam

Term	Meaning
Pass	Pass is assigned to a preliminary examination wherein responses (written and oral) demonstrate proficiency in all, or nearly all, of the required elements. Students receiving a pass may be asked to complete minor revisions to the preliminary exam for the presence of minor errors in logic, presentation of core ideas, interpretation or elaboration of previous research, or research design, which present little harm or threat to the internal integrity of the thinking and are not considered fatal flaws.
Fail	Fail is assigned to a preliminary examination wherein responses (written or oral) demonstrate a weak or incomplete understanding of one (substantially underdeveloped) or several (moderately underdeveloped) required elements. Weak or incomplete understanding is indicated by the presence of fatal flaws in logic, presentation of core ideas, coverage of relevant previous research, or research design.

Appendix E- Defense Decision Definitions/Guidelines

Decision	Manuscript	Defense	
Pass	Minor revisions only (e.g., grammar, typographical, clarifications, minor changes not requiring review by full committee).	Passed oral defense.	
Pass with Major Revisions	Major revisions needed (e.g., additional chapters, major restructuring, significant changes needing approval by either the major professor/ chair or the full committee). Revisions must be completed by posted Manuscript Clearance Deadlines. If defense semester's Manuscript Clearance deadlines are not met, student must register for following semester and meet Manuscript Clearance Deadlines of that semester. Students that do not meet that deadline will be required to re-defend and meet the Manuscript Clearance deadlines during that second semester after their original defense semester.	Passed oral defense.	
Re-Defense	Manuscript had significant flaws. Major revisions needed. The current research will take a substantial amount of work/time to correct.	OR	Oral defense was unsatisfactory. Re-defense required.
Fail	Manuscript had significant flaws to the point at which the committee believes the student should discontinue the program, or that a new research direction is required.	OR	Oral defense was unsatisfactory. Re-defense of existing project will not be allowed.

Procedural Items:

Pass: If a committee member who suggested minor edits other than the major professor wishes to review the revisions, this can be arranged separately from decisions in the Manuscript Clearance Portal. The major professor will be the one that provides Final Content Approval in the Portal though.

Re-Defense: **This decision can only be given once.** If the student re-defends and does not pass with only minor revisions required to the manuscript, they should be given a Fail.

Fail: This decision should only be given when a committee/academic unit does not wish for the student to continue in the program or they will be moving in an entirely new direction for their research. *It is the committee's goal to prevent students from defending if their work is substantially flawed when they are reviewing it before the defense.* This decision is required if a student conducts a Re-Defense and does not earn a Pass.