

EXERCISE PHYSIOLOGY ACADEMIC MAP (Effective Summer 2026 and after)

This map is a term-by-term sample course schedule. The milestones listed to the right of each term are designed to keep you on course to graduate in four years. The Sample Schedule serves as a general guideline to help you build a full schedule each term. The CoreFSU requirements must be selected to satisfy degree completion unless your program meets these requirements with major courses. Milestones are courses and special requirements necessary for timely progress to complete a major. Missing milestones will result in one of two types of map registration stops. The first level (**Degree Map Off Track**) is placed following grade posting if the student has missed a milestone (course and /or GPA) for the first time in the major. If a student in non-compliance with milestones for two (2) consecutive semesters (excluding summers) a **Major Change Required** stop is placed in the student's registration.

Graduates will be able to evaluate, plan for and counsel individuals in the areas of fitness, athletics, and cardiac rehabilitation. Students are being prepared for advanced degree work in exercise physiology, physical therapy, and other health fields, including medical school, as well as positions as personal trainers and health fitness instructors with both hospital-based wellness programs and corporate fitness programs.

A grade of "C-" or better is required for all other coursework for the degree, unless otherwise noted.

SAMPLE SCHEDULE

TERM 1	Hrs.
ENC1101	3
MAC1105	3
PSY2012	3
HUN1201	3
CoreFSU Humanities/Cultural Practice	3
Total Hours	15

TERM 2	Hrs.
ENC 2135	3
CHM1045 and CHM1045L	4
BSC2010 and BSC2010L	4
MAC1140	3
PET3102	1
Total Hours	15

TERM 3	Hrs.
CHM1046 and CHM1046L	4
BSC2011	3
MAC1114	3
CoreFSU Requirement	3
CoreFSU Requirement	3
Total Hours	16

TERM 4	Hrs.
CHM2210	3
BSC2011L	1
STA2122	3
CoreFSU Requirement	3
Oral Communication Competency	3
Total Hours	13

SUMMER	Hrs
CHM 2211 and CHM 2211L	6

MILESTONES

TERM 1
ENC1101 (≥C-)
MAC1105 (≥C-)
PSY 2012 (≥C-)

TERM 2
ENC 2135 (≥C-)
CHM1045+Lab (≥C- in each)
MAC1140 (≥C-)
HUN1201 (≥C-)

TERM 3
CHM1046+Lab (≥C- in each)
BSC2010+Lab (≥C- in each)
MAC1114 (≥C-)

TERM 4
Either CHM2210 (≥C-) or CHM3217 and lab (≥C-) Note: if CHM2210 is taken then must complete CHM2211 and 2211L., if CHM3217 is taken must complete CHM3217L
Complete PET3102 w/"S"
BSC2011(≥C-)

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SAMPLE SCHEDULE

TERM 5	Hrs.
PET3322	3
PET 3322L	1
PHY2053C	4
Electives	3-6
Total Hours	14

TERM 6	Hrs.
PET3323C	4
APK3110C	4
BCH3023 Biochemistry and Lab or BCH4053	4
PHY2054C	4
Total Hours	16

TERM 7	Hrs.
HUN3224	3
PET4551	3
Required Major Elective	3
Required Major Elective	3
Total Hours	12

TERM 8	Hrs.
HUN3226	3
Required Major Elective	3
SPC2608 (or other approved Oral Communication Competency)	3
CoreFSU Requirement	3
Total Hours	12

MILESTONES

TERM 5
Complete PET3322 (≥C-)
Complete PET3322L (≥C-)
Civic Literacy requirement

TERM 6
Complete APK3110C (≥C-)

TERM 7
Complete a Pre-Graduation Check
Complete HUN3224 (≥C-)

TERM 8
Apply for graduation in 1 st two weeks
FSU GPA ≥2.0

Employment Information

Representative Job Titles Related to this Major: Exercise Leader, Fitness Instructor/Consultant, Corporate Fitness Manager, Exercise Testing Technician, Fitness Club Manager, Activities Director, Health & Fitness Advisor, Exercise Physiologist

Representative Employers: Athletic Teams, Hospitals, Fitness Centers, Private Practice, Health Organizations, Spas/Resorts, Health Departments.

International Opportunities: International study is available for all students and may include opportunities for internships or taking coursework towards various majors and minors. International study may have an impact on the MAP; therefore, it is important to consult with the academic advisor before participating. Interested students can find information about international study, research, internships, and service opportunities at: global.fsu.edu/undergraduate-students/going-abroad.

This Map is not a contract; either expressed or implied, between the University and the student, but represents a flexible program of the current curriculum which may be altered from time to time to carry out the academic objectives of the University. The University specifically reserves the right to change, delete or add to any Map at any time within the student's period of study at the University.